



**HOLY SPIRIT CATHOLIC CHURCH**  
OFFICE *of* FAITH FORMATION



2018 - 2019

# Confirmation Handbook

## OFFICE HOURS

Monday - Friday 9:30 AM - 5:00 PM  
Saturday 9:00 AM - 2:00 PM

## CONFIRMATION SESSIONS

Tuesday 7:00 PM - 8:30 PM  
Saturday 9:30 AM - 11:00 AM  
Saturday 11:30 AM - 1:00 PM

## SR. ANNUNCIA THU MAI, LHC

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# Letter of Pope Francis TO YOUNG PEOPLE

*My Dear Young People,*

I am pleased to announce that in October 2018 a Synod of Bishops will take place to treat the topic: “Young People, the Faith and Vocational Discernment.” I wanted you to be the centre of attention, because you are in my heart. Today, the Preparatory Document is being presented, a document which I am also entrusting to you as your “compass” on this synodal journey.

I am reminded of the words which God spoke to Abraham: “Go from your country and your kindred and your father’s house to the land that I will show you.” (*Gen 12.1*). These words are now also addressed to you. They are words of a Father who invites you to “go”, to set out towards a future which is unknown but one which will surely lead to fulfilment, a future towards which He Himself accompanies you. I invite you to hear God’s voice resounding in your heart through the breath of the Holy Spirit.

When God said to Abram, “Go!”, what did he want to say? He certainly did not say to distance himself from his family or withdraw from the world. Abram received a compelling invitation, a challenge, to leave everything and go to a new land. What is this “new land” for us today, if not a more just and friendly society which you, young people, deeply desire and wish to build to the very ends of the earth?

But unfortunately, today, “Go!” also has a different meaning, namely, that of abuse of power, injustice and war. Many among you are subjected to the real threat of violence and forced to flee their native land. Their cry goes up to God, like that of Israel, when the people were enslaved and oppressed by Pharaoh (cf. *Ex 2:23*).

I would also remind you of the words that Jesus once said to the disciples who asked him: “Teacher [...] where are you staying?” He replied, “Come and see” (*Jn 1:38*). Jesus looks at you and invites you to go with him. Dear young people, have you noticed this look towards you? Have you heard this voice? Have you felt this urge to undertake this journey? I am sure that, despite the noise and confusion seemingly prevalent in the world, this call continues to resonate in the depths of your heart so as to open it to joy in its fullness. This will be possible to the extent that, even with professional guides, you will learn how to undertake a journey of discernment to discover God’s plan in your life. Even when the journey is uncertain and you fall, God, rich in mercy, will extend his hand to pick you up.

In Krakow, at the opening of the last World Youth Day, I asked you several times: “Can we change things?” And you shouted: “yes!”. That shout came from your young and youthful hearts, which do not tolerate injustice and cannot bow to a “throw-away culture” nor give in to the globalization of indifference. Listen to the cry arising from your inner selves! Even when you feel, like the prophet Jeremiah, the inexperience of youth, God encourages you to go where He sends you: “Do not be afraid, [...], because I am with you to deliver you” (*Jer 1:8*).

A better world can be built also as a result of your efforts, your desire to change and your generosity. Do not be afraid to listen to the Spirit who proposes bold choices; do not delay when your conscience asks you to take risks in following the Master. The Church also wishes to listen to your voice, your sensitivities and your faith; even your doubts and your criticism. Make your voice heard, let it resonate in communities and let it be heard by your shepherds of souls. St. Benedict urged the abbots to consult, even the young, before any important decision, because “the Lord often reveals to the younger what is best.” (*Rule of St. Benedict, III, 3*).

Such is the case, even in the journey of this Synod. My brother bishops and I want even more to “work with you for your joy” (*2 Cor 1:24*). I entrust you to Mary of Nazareth, a young person like yourselves, whom God beheld lovingly, so she might take your hand and guide you to the joy of fully and generously responding to God’s call with the words: “Here I am” (cf. *Lk 1:38*).

With paternal affection,

**FRANCIS**



## MISSION STATEMENT

With Jesus as our model and inspiration, we deepen our Catholic identity and faith through religious instruction, moral formation, prayer, worship, and Christian service.



## WELCOMING LETTER | Thư Chào Mừng

To all God's children,

Do you recognize that you are loved tremendously by our Lord Jesus Christ? This October, the assembly of Bishops will gather in Rome with Pope Francis to talk about "Young People." Our Church wants you, and all young people, to know that each of you is very important to the future of the Church. You might think, "Why am I so important, what do I have to do?" When you were Baptized, you became a child of God, sharing in His love. So now, He wants you to help make His love known to others. How can you make Jesus' love known to the world if you do not know more about God as your loving Father? Dear children of God, we cannot introduce Jesus Christ to people if we do not know Him as God's obedient and loving Son. Reading Scripture will help all of us know the person, Jesus. Praying will help deepen our relationship with Him and the Father. We did not see or hear Christ like St. Peter or St. John did in Galilee, but our deep love for Jesus makes us firsthand witnesses of Christ in the world, now. This year the catechetical theme is "Enlisting Witnesses for Jesus Christ". Our Lord invites each one of us, regardless of age, language, or ethnicity to continue to deepen our love for Him. With God's grace, we can introduce Christ to our friends and family and "enlist witnesses for Christ". You don't have to be a famous person in order to witness for Christ. You don't have to do big things in order to witness for Christ. You can live your daily life simply, yet fully with great love for God and for the Church. Christ counts on you! We're entering a new School Year in which I warmly welcome all parents, sponsors and students to this joyous and grace-filled year. Together, we will learn to live our lives authentically and to "enlist witnesses for Jesus Christ."

In Christ, Crucified!

*Sr. Annuncia Thu Mai, LHC*

Gởi đến những người con yêu dấu của Thiên Chúa,

Bạn có nhận ra rằng Thiên Chúa rất yêu thương bạn không? Vào Tháng 10 năm nay, Thượng Hội Đồng Giám Mục quy tụ tại Roma dưới sự chủ tọa của Đức Giáo Hoàng Phanxicô cho cuộc họp với đề tài "Giới Trẻ". Giáo Hội muốn bạn và giới trẻ biết rằng các bạn rất quan trọng cho tương lai của Giáo Hội. Bạn có thể nghĩ rằng "Tại sao tôi là người quan trọng? Tôi cần phải làm gì?" Khi bạn lãnh nhận Bí Tích Rửa Tội, bạn trở thành con của Thiên Chúa và hưởng nhận biết bao ơn lành từ tình yêu của Người. Thiên Chúa muốn mời gọi bạn nói với thế giới về tình yêu của Người. Nhưng làm thế nào để bạn có thể nói về tình yêu ấy, nếu bạn không biết về con người trao ban tình yêu? Các bạn thân mến, chúng ta không thể giới thiệu Thiên Chúa với mọi người nếu chúng ta không biết về Người. Đọc Kinh Thánh sẽ giúp chúng ta biết về con người của Chúa Giêsu. Cầu nguyện sẽ làm mối tình giữa Thiên Chúa và chúng ta trở nên sâu đậm hơn. Chúng ta không ai được nhìn thấy Đức Kitô như Thánh Phêrô và Thánh Gioan, nhưng tình yêu sâu đậm trong tâm hồn của chúng ta dành cho Thiên Chúa sẽ làm cho chúng ta trở thành như những chứng nhân thuở ban đầu của Chúa Giêsu ở thời hiện tại này. Đề tài của năm Giáo Lý 2018-2019 là "Chiều Mộng Nhân Chứng cho Chúa Giêsu Kitô." Thiên Chúa mời gọi mỗi người chúng ta, bất kể tuổi tác, ngôn ngữ, sắc tộc, tiếp tục cắm rễ sâu vào tình yêu của Thiên Chúa. Với tình yêu và ân sủng của Người, chúng ta có thể giới thiệu Chúa Kitô đến cho mọi người và "Chiều Mộng Nhân Chứng cho Chúa Giêsu Kitô." Bạn không cần là một người nổi tiếng để có thể làm chứng nhân cho Chúa. Bạn không cần làm những công việc cả thế để làm chứng nhân cho Chúa. Bạn chỉ cần sống đời sống hằng ngày của bạn một cách đơn sơ, nhưng với hết cả tâm tình yêu mến bạn dành cho Thiên Chúa. Chúa Giêsu nhận mỗi thân tình ấy nơi bạn! Bắt đầu Năm Học mới, tôi xin chân thành chào đón tất cả quý giảng viên, quý phụ huynh, quý vị bảo trợ, và các em học sinh thân yêu, chúng ta cùng nhau bước vào một năm mới với đầy niềm vui và ơn thánh của Thiên Chúa. Chúng ta cùng nhau học hỏi và sống chứng nhân cho Chúa mỗi ngày trong cuộc sống một cách đầy nhiệt huyết, rồi từ đó chúng ta "Chiều Mộng Nhân Chứng cho Chúa Giêsu Kitô."

Trong Chúa Giêsu Kitô Chịu Đóng Đinh!

*Sr. Annuncia Thu Mai, LHC*

*Sr. Annuncia Thu Mai, LHC  
Director of Faith Formation*

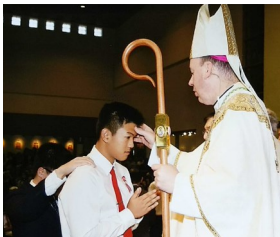


*Chris Ord  
Coordinator of Youth Ministry*



# the Holy Spirit

## WHY A SPECIAL PREPARATION FOR CONFIRMATION?



Sacramental catechesis is a total process of faith development that includes growth in personal prayer, intense involvement in a faith community (which includes community, worship, service, and message), and deepened commitment to the Church. This catechetical process involves not only the individuals who are preparing to celebrate the Sacrament, but also their families and the entire parish community.

*“Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit – his actions, his gifts, and his biddings---in order to be more capable of assuming the apostolic responsibilities of Christian life. To this end catechesis for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community. The latter bears special responsibility for the preparation of confirmands.”*

(CCC - Catechism of the Catholic Church, 1309)

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“Confirmation  
STRENGTHENS  
us to DEFEND  
the faith  
and to SPREAD  
the Gospel  
COURAGEOUSLY.”

– Pope Francis

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Therefore, your Confirmation candidate will be exposed to:

- ◆ Increased prayer and worship opportunities with the parish community.
- ◆ Mentors, guides, and witnesses from the parish.
- ◆ Community-building activities that give the candidates a sense of belonging to their parish community.
- ◆ Special activities and celebration of rituals with parish liturgies that alert the parishioners to their role as supporters of those to be confirmed.
- ◆ Prayer partners from the parish.
- ◆ Invitations to assume responsibility in the ministry and service aspects of parish life.
- ◆ Study of the gifts and fruits of the Spirit.
- ◆ An understanding of the role of the Holy Spirit in the life of the individual and of the Church.
- ◆ Study of the Sacrament of Baptism where we first received the Spirit.
- ◆ Study of the ritual of Confirmation with its symbols and Scripture readings about the Spirit.
- ◆ Time for prayer, reflection, and discussion on the presence and working of the Spirit in our lives.

Preparation for Confirmation should aim at  
**LEADING THE CHRISTIAN TOWARD A MORE INTIMATE UNION WITH CHRIST**  
and a more lively  
**FAMILIARITY WITH THE HOLY SPIRIT**  
his actions,  
his gifts,  
his biddings  
in order to be  
more capable  
of assuming  
**THE APOSTOLIC RESPONSIBILITIES OF CHRISTIAN LIFE.**

CCC, 1309



# CONFIRMATION REQUIREMENTS - YEAR I

1. Deepening relationship with Christ Jesus:
  - a. Be faithfully attending Mass and receiving Eucharist on Sunday and Holy Days of Obligation
  - b. Praying regularly
  - c. Regular reception of the Sacrament of Holy Eucharist and Reconciliation
  - d. Reading the Bible
2. Have participated fully in a process of preparation with appropriate attitudes and understanding.
3. Regular attendance of classes with active participation and respect. *(More than three absences will delay advancement to Confirmation II).* Be responsible for making up work missed due to absence.

REQUIREMENTS	DATES	Page #	
<b>Attendance:</b> Absent 1 _____ Absent 2 _____ Absent 3 _____	Make up 1 _____ Make up 2 _____ Make up 3 _____		
<b>Confirmation Name-Saint Projects, submitted by Jan. 26, 2019</b>			
_____ Part 1: Confirmation Name _____ Part 2: I am a Saint	Saint Name: _____	9, 12	
<b>Workshops – Retreats</b>			
_____ Mini Retreat & Ritual of Commitment ( <i>Student &amp; Parent</i> )	Sunday - October 14, 2018 (2:00pm - 6:00pm)	6	
_____ Planted For Life Weekend Retreat ( <i>Student only</i> )	Friday to Sunday - November 16 - 18, 2018	7	
_____ 2 CYF Nights ( <i>Student only</i> )	Every other Sunday (7:30pm - 9:30pm)	8, 32	
_____ Youth Day ( <i>Student only</i> )	Thursday - March 21, 2019 (6:00am - 5:00pm)	7	
_____ Seder Meal ( <i>Student only</i> )	Tuesday - April 2, 2019 (6:30pm - 8:30pm)	7	
_____ Teen Integrity ( <i>Candidate, Sponsor &amp; Parent</i> )	Sunday - April 7, 2019 (2:00pm - 6:00pm)	7	
<b>12 Hours of Christian Service &amp; Written Reflection</b>			
_____ Family Project – 4 hours	Due Nov. 3 Hours _____ Date _____	8, 13, 14	
_____ Parish Project – 4 hours	Due Feb. 23 Hours _____ Date _____		
_____ Community Project – 4 hours	Due Mar. 30 Hours _____ Date _____		
<b>Others</b>			
_____ Certificate of Baptism	Submit by Oct. 20, 2018	9, 11	
_____ Certificate of 1 <sup>st</sup> Holy Communion	Submit by Oct. 20, 2018		
_____ Sponsor Form	Submit by Jan. 15, 2019		
_____ Confirmation Interview ( <i>Student &amp; Sponsor</i> )	Sunday - Feb. 17 or 24 (11:00am - 4:00pm)		
<b>Assessments</b>	1 <sup>st</sup> Exam: _____ Final Exam: _____		
<b>Prayers to Remember By Heart</b>			
_____ Sign of the Cross	_____ Glory Be	_____ Ten Commandments	_____ Memorare
_____ The Lord's Prayer	_____ Act of Contrition	_____ How to go to Confession	_____ Nicene Creed
_____ Hail Mary	_____ Come, Holy Spirit		





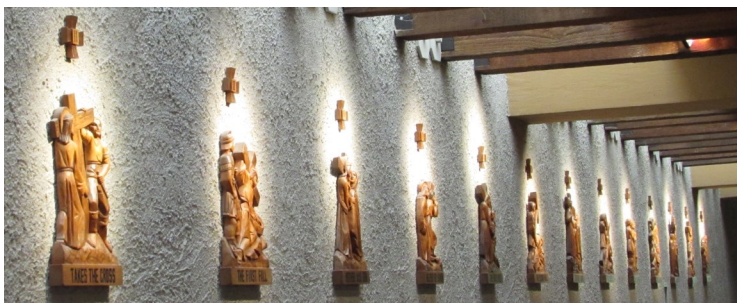
# CONFIRMATION REQUIREMENTS - YEAR II

1. Deepening relationship with Christ Jesus:
  - a. Be faithfully attending Mass and receiving Eucharist on Sunday and Holy Days of Obligation
  - b. Regular reception of the Sacrament of Holy Eucharist and Reconciliation
  - c. Praying regularly; Reading the Bible
2. Have participated fully in a process of preparation with appropriate attitudes and understanding
3. Regular attendance of classes with active participation and respect. (*More than three absences will affect advancement to Confirmation*). Be responsible for making up work missed due to absence.
4. Be able to demonstrate knowledge and understanding of Jesus, his teachings & the values of the Catholic faith.
5. Be able and willing to express their free decision to accept Confirmation and a desire to continue to nurture their relationship with Christ.

CHECKLIST	DATE	Page #
<b>Attendance:</b> Absent 1 _____ Absent 2 _____ Absent 3 _____ Make up 1 _____ Make up 2 _____ Make up 3 _____		
<b>Workshops – Retreats</b>		
_____ Mini Retreat & Ritual of Support ( <i>Student &amp; Sponsor</i> )	Sunday - November 4, 2018 (2:00pm - 6:00pm)	6
_____ “Alive in Spirit” Retreat ( <i>Student only</i> )	Sunday, January 20, 2019 (8:30pm - 6:30pm)	7
_____ Free the Fire Weekend Retreat ( <i>Student only</i> )	Friday to Sunday - March 1 - 3, 2019	7
_____ 2 CYF Nights ( <i>Student only</i> )	Every other Sunday (7:30pm - 9:30pm)	8,32
_____ Teen Integrity ( <i>Student, Sponsor &amp; Parent</i> )	Sunday - April 7, 2019 (2:00pm - 6:00pm)	7
_____ Mass & Ritual of Acceptance ( <i>Student &amp; Sponsor</i> )	Sunday - April 7, 2019 (5:00pm Mass)	6
<b>15 Hours of Christian Service &amp; Written Reflection</b>		
_____ Family Project – 4 hours	Due Nov. 3 Hours _____ Date _____	8,13,14
_____ Parish Project – 4 hours	Due Dec. 15 Hours _____ Date _____	
_____ Community Project – 4 hours	Due Feb. 16 Hours _____ Date _____	
_____ Other - 3 hours ( <i>can be Advent or Lenten Parish Mission - reflect as community service</i> )	Due Mar. 30 Hours _____ Date _____	
<b>Others</b>		
_____ Confirmation II Record Form	Submit by Oct. 20, 2018	9, 11
_____ Certificates of Baptism & 1 <sup>st</sup> Holy Communion	Submit by Oct. 20, 2018 (if have not submitted in CF1)	
_____ Sponsor Form	Submit by Oct. 20, 2018 (if have not submitted in CF1)	10, 15
_____ Bishop Letter (Petition for Confirmation)	Due Jan. 26, 2019	9
_____ Confirmation Interview ( <i>Student &amp; Sponsor</i> )	Sunday - Jan. 27 or Feb. 3 (11:00am - 4:00pm)	
<b>Assessments</b>		
1 <sup>st</sup> Exam: _____ Final Exam: _____		

## Prayers to Remember By Heart (*and all prayers from Year 1*)

_____ Act of Faith	_____ The Beatitudes	_____ Mysteries of the Rosary	_____ Cardinal Virtues
_____ Act of Hope	_____ Seven Sacraments	_____ 14 Works of Mercy	_____ Church Laws
_____ Act of Love	_____ Hail Holy Queen		



# PIECES OF THE PUZZLES



The following is a list of certain “pieces” which “make-up” the Confirmation program “puzzle.” They are intended to help each teen develop a commitment to faith and prepare for life ahead.

## 1. Prayer Life – Đời Sống Cầu Nguyện

The candidates are encouraged to deepen their relationship with Christ through their regular personal prayers, meditations, Bible readings, and family prayers. It is strongly encouraged that Confirmation Candidates and family members attend Eucharistic Adoration every Friday night through Saturday morning in the Church.

Sau đây là các điều cần thiết của chương trình Thêm Sức, để giúp các thanh thiếu niên quyết định chọn lựa và chuẩn bị cho hành trình đức tin.

Các ứng viên được khuyến khích để gia tăng mối liên hệ mật thiết với Chúa Kitô hơn qua việc thường xuyên cầu nguyện, suy niệm, đọc Kinh Thánh, và gia đình cầu nguyện. Chúng tôi kêu gọi quý phụ huynh và các em cùng đến viếng Thánh Thể hoặc tham dự giờ Cầu Thánh Thể mỗi tối Thứ Sáu đến sáng Thứ Bảy hàng tuần.

## 2. Liturgy and Rites – Phụng Vụ và Các Nghi Thức

At the center of the Catholic Christian faith is the celebration of the Eucharist, the real presence of Christ in the bread and wine. It is at the Eucharistic Liturgy, where we come together with all of our Catholic Christian friends to celebrate as one church.

Trung tâm điểm của đời sống đức tin Công Giáo là việc cử hành Thánh Lễ, với sự hiện diện thật sự của Chúa qua hình bánh và rượu. Chính nơi Bàn Tiệc Thánh Thể, chúng ta đến với nhau, với một đại gia đình anh chị em Công Giáo trong một Giáo Hội duy nhất.

A mandatory component of the Confirmation Program is weekly mass attendance. All candidates are encouraged to attend Youth Mass which is held on Sunday at 5:00PM.

Một yếu tố bắt buộc đầu tiên của Chương trình Thêm Sức là tham dự Thánh Lễ hàng tuần, đặc biệt tham dự Thánh Lễ Giới Trẻ lúc 5:00PM ngày Chúa Nhật.

“Rites” mark important steps of the faith journey toward Confirmation. These Celebrations are shared with loved ones and those in our parish community.

Các “Nghi Thức” đánh dấu bước quan trọng trong hành trình Thêm Sức. Nghi Thức được cử hành với sự hiện diện, cầu nguyện và nâng đỡ của gia đình và cộng đoàn giáo xứ.

• <b>Year I:</b>	Prayer Service & Ritual of Commitment	October 14, 2018	2:00pm-6:00pm
• <b>Year I &amp; II:</b>	Parish Reconciliation Celebrations	See calendar	7:00pm
• <b>Year II:</b>	Prayer Service & Ritual of Support	November 4, 2018	2:00pm-6:00pm
• <b>Year II:</b>	Teen Integrity & Ritual of Acceptance	April 7, 2019	2:00pm-6:00pm
• <b>Year II:</b>	Confirmation Mass	TBA	TBA





### 3. Confirmation Retreats – Tĩnh Tâm Thêm Sức

Retreats are such an important part of the Confirmation process; they are even important in life. Retreats are intended to give people the chance to “get away” from things that are not allowing them to focus. Confirmation Retreats allow the teens to go away to play, to pray, but more importantly, to deepen their love in Christ through fellowship, praise and reflection. When you return from these retreats, you can be guaranteed that your life will be changed.

Tĩnh tâm là một yếu tố rất quan trọng trong hành trình Thêm Sức, và thậm chí quan trọng trong đời sống chúng ta. Mục đích của việc tĩnh tâm là để cho chúng ta có cơ hội cách xa những điều làm chúng ta chia trí. Tĩnh tâm Thêm Sức giúp cho các thanh thiếu niên được vui chơi, cầu nguyện, nhưng điều quan trọng là để tiến sâu hơn trong tình yêu Chúa qua bạn hữu, ca chúc tụng và suy niệm. Chắc chắn rằng đời sống các em sẽ được thay đổi trong Chúa sau một cuộc tĩnh tâm.

**Year I: “Planted for Life”** Retreat at Outdoor Education Center, Irvine November 16-18, 2018 } **Fee due - Oct. 27**

**Year II: “Alive in Spirit”** Retreat in Doyle Hall

January 20, 2019

**Year II: “Free the Fire”** Retreat at YMCA, Big Bear

March 1-3, 2019 } **Fee due - Jan. 26**

***Note: Late Fee \$25 Will Apply After Due Date***

The 3 days WEEKEND RETREAT is MANDATORY for reception of Confirmation. If you are unable to attend your own assigned retreat, contact Faith Formation Office in advance to locate a parish with a retreat that you can attend.

Tham dự cuộc tĩnh tâm 3 ngày cuối tuần nêu trên là bắt buộc cho các ứng viên Thêm Sức. Nếu vì lý do trở ngại không tham dự ngày giờ trên của giáo xứ, xin liên lạc với Văn Phòng Giáo Lý để sắp xếp tham dự tĩnh tâm tại Giáo xứ khác.

### 4. Confirmation Workshops – Hội Thảo Thêm Sức

In small and large groups setting, Confirmation workshops are designed to explore basic Catholic faith and to study the life of Jesus Christ. Workshops will be interactive, informative, at times extremely fun, prayerful and different. This large group workshop has special speakers with unique presentations. All workshops should be attended. If you cannot attend, you must contact RE office in advance. Excessive absences (excused or unexcused) will affect your progress to move forward in the program or receive the Sacrament of Confirmation.

Các cuộc hội thảo Thêm Sức lớn và nhỏ nhằm để đào sâu thêm đức tin Công giáo, và để học biết thêm về Chúa Giêsu Kitô. Nội dung cuộc hội thảo bao gồm sự tương tác, thông tin, vui chơi, cầu nguyện và những sinh hoạt cho giới trẻ. Hội Thảo lớn sẽ có những diễn giả đặc biệt nhằm phục vụ nhu cầu của các em. Học sinh cần phải tham dự những buổi hội thảo này. Vắng mặt (có xin phép hoặc không có xin phép) sẽ ảnh hưởng đến việc lãnh nhận Bí Tích Thêm Sức.

**Year I: Seder Meal** (student only)

Tuesday, April 2, 2019

**Year I & II: Teen Integrity Workshop** (student, sponsor & parent)

Sunday, April 7, 2019

### 5. Youth Day – Đại Hội Giới Trẻ

Youth Day is held annually on the Thursday of the Religious Education Congress weekend. All High School students, from all walks of life, are invited to come together to participate in morning and afternoon workshops, culminating in a Youth Rally. Confirmation Candidates must attend at least one Youth Day in either year of the two-year program. This event will have a separate release form and fee.

Đại Hội Giới Trẻ được tổ chức hàng năm vào ngày Thứ Năm của Đại Hội Giáo Lý Los Angeles. Các học sinh Trung Học từ các nơi được mời gọi tham dự các buổi hội thảo, đặc biệt là Youth Rally. Các ứng viên Thêm Sức phải tham dự ít nhất một Đại Hội Giới Trẻ trong vòng hai năm chuẩn bị. Văn Phòng Giáo Lý sẽ có giấy xin phép nghỉ học ở trường, giấy phép phụ huynh và lệ phí riêng.



## 6. Catholic Youth Fellowship/CYF Night – Họp Mặt Giới Trẻ Công Giáo

The CYF program is designed to create a place where teens get support, grow in faith and friendship while learning to apply their Catholic values and beliefs into their daily lives. A typical CYF meeting has prayers, games and activities that reinforce the Gospel message. These meetings give the candidates a chance to build lasting friendships with peers that have similar values. *CYF meetings are held every other Sunday from 7:30pm-9:30pm.* Check our website [holyspiritcyf.com](http://holyspiritcyf.com) for special events, meeting times, service opportunities, and fundraising opportunities for Youth Ministry.

Confirmation candidates are required to attend at least 2 CYF NIGHTS each year. See calendar

Chương trình Giới Trẻ CYF được soạn thảo để giúp con em quý vị được lớn lên trong đức tin cùng với bạn bè khi được học hỏi và áp dụng chân lý Kitô Giáo. Một buổi họp điển hình CYF bao gồm phần dẫn nhập, cầu nguyện, trò chơi và các hoạt động nhằm củng cố sứ điệp Tin Mừng, và được kết thúc bằng giờ cầu nguyện. Những buổi họp này tạo cho con em quý vị một cơ hội để xây dựng tình bạn lâu dài với các bạn có chung một lý tưởng. Buổi họp CYF được tổ chức vào mỗi cách Chúa Nhật từ 7:30pm-9:30pm. Xin quý vị xem mạng lưới [holyspiritcyf.com](http://holyspiritcyf.com) để cập nhật lịch trình những sinh hoạt đặc biệt.

Các ứng viên Thêm Sức phải tham dự ít nhất 2 buổi họp mặt CYF trong mỗi năm.

## 7. Stewardship, Service and Outreach – Quản Lý & Phục Vụ

Stewardship is an important part of any persons' commitment and obligation to a group or organization. Stewardship is composed of three areas: *Time* (service), *Treasure* (financial responsibilities), and *Talent* (using your abilities to make the group better). In order to better understand what WE are responsible for in our Church and community, every Confirmation Candidate will have to show that they are fulfilling their share of the responsibility.

This year we are requiring that all Confirmation Candidates serve in the following ways:

- A. In a Liturgical Ministry (lector, band, usher, hospitality, Mass clean up, or altar server for Youth Mass).
- B. Support a parish ministry with the gift of your time and talents
- C. Perform service projects during the year.

See required hours, suggestions, guidelines & calendar on pages 13-14.

In addition, parents and sponsors are expected to work with their teen to complete a personal Service Project. Please view some of the events that our Youth Ministry offers from [www.holyspiritcyf.com](http://www.holyspiritcyf.com)

Quản Lý là một phần quan trọng trong cam kết của bất kỳ ai, hoặc nghĩa vụ cho một nhóm hay một tổ chức. Quản Lý bao gồm ba lãnh vực: Thời gian, Tài chính, Tài năng. Để hiểu rõ hơn trách nhiệm trong Giáo Hội và giáo xứ, mỗi ứng viên Thêm Sức sẽ phải xác nhận mình đang thực hiện việc chia sẻ trách nhiệm.

Năm nay chúng tôi khuyến khích các ứng viên Thêm Sức phục vụ những việc sau:

- A. Ban Phụng Vụ (thừa tác viên Lời Chúa, ca đoàn, ban tiếp đón, dọn dẹp sau Thánh Lễ, giúp lễ....) vào các Thánh Lễ Giới Trẻ.
- B. Hỗ trợ các mục vụ của giáo xứ tùy thuộc vào thời gian và khả năng của mình.
- C. Thực hiện việc phục vụ tông đồ trong năm. Giờ yêu cầu, đề nghị, hướng dẫn và lịch trình, xin xem trang 13-14.

Ngoài ra, chúng tôi xin quý phụ huynh, người đỡ đầu cùng thực hiện việc tông đồ chung với các em. Mục vụ Giới Trẻ cũng sẽ cộng tác tổ chức những dịp phục vụ khác nhau. Chương trình và chi tiết, xin xem [www.holyspiritcyf.com](http://www.holyspiritcyf.com)







“Become a *Saint*, and do so *quickly*.” St. Pope John Paul II

## 8. Saint Project/ Confirmation Name– Hạnh Thánh Nhân / Tên Thánh Thêm Sức

As Catholic Christians we are called to be saints, to be perfect as our heavenly Father is perfect and to have a deep, intimate union with Christ. Candidates will choose a name to be confirmed under. The name should be a Saint's name or the name of a person from Scriptures who modeled what it truly means to pursue holiness. See the guidelines for the Saint Project on page 12.

**Year I Candidates:** Saint's Reports will be turned in and presented by January 26, 2019.

Là người Kitô hữu Công giáo, chúng ta được kêu gọi để nên thánh, nên hoàn thiện như Cha chúng ta trên trời, và có một đời sống kết hiệp thâm sâu với Chúa Kitô. Các ứng viên Thêm Sức sẽ phải chọn một tên Thánh khi Thêm Sức. Vị Thánh này đã được Giáo hội công nhận, hoặc là một người trong Thánh Kinh thực sự là gương sáng cho sự thánh thiện. Xin xem bản hướng dẫn trang 12.

**Lớp Thêm Sức I:** Ứng viên nộp bản Hạnh Thánh Nhân trễ nhất vào ngày 26 tháng 1 năm 2019.

## 9. Sponsors – Người đỡ đầu

Sponsors are people who you can rely on during your faith journey. They should be people with a deep commitment to the Catholic faith and who are active, confirmed members of their parish. They should be willing to listen to you, help you answer questions, and be willing to share their faith. Sponsors are expected to maintain REGULAR contact with their candidate to not only pray, but to socialize and develop a stronger relationship. Sponsors are encouraged NOT to be family members.

**Year I Candidates:** should pray & discern on their choice of sponsor and submit by January 15. See the guidelines for Sponsor on page 11.

**Year II Candidates:** should already have a sponsor. Confirmation Sponsors will be required to attend the large group workshops with their candidate. Please take the time to do more than the required events with your candidate. They need more from you and have chosen you for a reason - they see God in you!

Người đỡ đầu/bảo trợ Thêm Sức là người các em có thể đồng hành và giúp đỡ hành trình đức tin của các em. Người đỡ đầu nên là người thực hành đức tin Công giáo một cách sâu sắc, đã được lãnh Bí Tích Thêm Sức, là thành viên của một giáo xứ. Họ là người sẵn sàng lắng nghe các em, giúp trả lời câu hỏi, và sẵn sàng chia sẻ đức tin của mình. Người đỡ đầu nên duy trì liên lạc thường xuyên với các em, không chỉ để cầu nguyện, nhưng còn để phát triển mối quan hệ mạnh mẽ hơn. Người đỡ đầu không nên là thành viên trong gia đình.

• **Lớp Thêm Sức I:** ứng viên nên cầu nguyện, suy nghĩ và chọn lựa người đỡ đầu – nộp hồ sơ ngày 15 tháng 1. Xem bản hướng dẫn cho người đỡ đầu trang 11.

• **Lớp Thêm Sức II:** nên đã có người đỡ đầu. Người đỡ đầu Thêm Sức cần phải tham dự những buổi hội thảo lớn chung với các em. Xin vui lòng dành thời gian hơn những sự yêu cầu để đồng hành với các em. Các em cần quý vị, và đã chọn quý vị vì một lý do - các em thấy Chúa trong bạn!

## 10. Confirmation Interview – Phỏng Vấn

The Priests, Catechetical Leaders, Youth Minister, and Catechists will conduct interview at each year of Confirmation preparation to ensure that the candidate is truly prepared and committed to receive the Sacrament of Confirmation.

Confirmation candidates are to sign up for the interview schedule as follow:

- **Year I:** The 2 weekends of February 17 or 24, 2019
- **Year II:** The 2 weekends of January 27 or Feb. 3, 2019

Các Linh Mục, các vị lãnh đạo đức tin, hoặc các Giáo Lý Viên sẽ tiến hành phỏng vấn mỗi năm trong quá trình chuẩn bị Thêm Sức, để đảm bảo rằng các ứng viên được thực sự chuẩn bị và cam kết để lãnh nhận Bí Tích Thêm Sức.

Các ứng viên Thêm Sức sẽ ký chọn ngày giờ hẹn cho buổi phỏng vấn theo lịch trình sau:

- **Lớp Thêm Sức I:** Cuối tuần ngày 17 hoặc 25 tháng 2, 2019
- **Lớp Thêm Sức II:** Cuối tuần 27 tháng 1 hoặc 3 tháng 2, 2019

## 11. Bishops Letter – Thư Thỉnh Nguyên Lên Đức Giám Mục

By the end of January, all Confirmation Year II candidates are required to write the Confirming Bishop a letter asking for permission to be confirmed. See the guidelines on page 15.

Bishop Letters will be collected when the candidate meets with the Priests, Youth Minister or Catechetical Leaders for their final interviews.

## 12. Traditional Prayers - Các Kinh Cần Học

This program preserves the tradition of both private and communal prayer in the Church. Depending upon their age, the students are expected to learn and recite the prayers in the language they prefer. The followings are required prayers:

**Know these prayers before CF 1 Interview:**

1. Sign of the Cross - *Dấu Thánh Giá*
2. The Lord's Prayer - *Kinh Lạy Cha*
3. Hail Mary - *Kinh Kính Mừng*
4. Glory Be to the Father - *Kinh Sáng Danh*
5. The Act of Contrition - *Kinh Ăn Năn Tội*
6. The Ten Commandments - *Mười Điều Răn*
7. How to go to Confession - *Cách Xưng Tội*
8. Come, Holy Spirit - *Kinh Chúa Thánh Thần*
9. Memorare - *Kinh Hỡi Nhớ*
10. Nicene Creed - *Kinh Tin Kính*

## 13. Parent Involvement – Đóng Góp Của Cha Mẹ

It is indeed a blessing to journey with your teen in their Confirmation preparation. Parental involvement will help our leaders draw our candidates closer to Christ. There are various ways to be involved:

- **Help Preparing Food:** Help prepare food for all gathering events.
- **Confirmation Catechist:** Help teach the Catholic Faith to teens and their friends. Trainings will be provided. Just a love for God and others is required.
- **Clerical Support:** Take care of paper works or prepare the materials for the teachers and students.

*Please contact Faith Formation Office if you could help.*

## 14. Parent Formation – Huấn Luyện Cho Phụ Huynh

**Parent Formation:** As your request, we have parent formation programs in both SPIRITUALITY and PARENTING.

- ♦ **Common Sense Parenting (CSP) Classes, Advent/Lent Parish Missions, & Backyard Theology:** CSP Classes offer training that helps parents to build strong, healthy relationships with their children. Our Advent/Lenten parish missions and Backyard Theology will help to strengthen you spiritually.

Vào khoảng cuối tháng 1, các ứng viên Thêm Sức năm thứ II sẽ phải nộp thư thỉnh nguyện lên Đức Giám Mục xin lãnh nhận Bí Tích Thêm Sức. Xin xem bản hướng dẫn viết thư trang 15.

Các thư thỉnh nguyện sẽ được nộp khi các ứng viên đi tham dự cuộc phỏng vấn lần cuối với các Linh Mục, hoặc các vị lãnh đạo đức tin.

Chương Trình Giáo Lý lưu giữ truyền thống Cầu Nguyện cá nhân và cộng đoàn của Giáo Hội. Tùy theo ngôn ngữ và trình độ, học sinh được khuyến khích hoặc/và đòi hỏi phải học thuộc những kinh cần bản sau đây:

**Know these prayers before CF 2 Interview:**

11. The Act of Faith - *Kinh Tin*
12. The Act of Hope - *Kinh Cậy*
13. The Act of Love - *Kinh Mến*
14. Seven Sacraments - *Bảy Bí Tích*
15. The Beatitudes - *Tám Mối Phúc Thật*
16. Mysteries of the Rosary - *Mầu Nhiệm Mân Côi*
17. 14 Works of Mercy - *14 Việc Bác Ái*
18. Cardinal Virtues - *Bốn Nhân Đức Trụ*
19. Hail Holy Queen - *Kinh Lạy Nữ Vương*
20. Church Laws - *Luật Hội Thánh*

*Including  
prayers  
from  
CF 1*

Thật là một hồng ân được đồng hành với các em trong việc chuẩn bị lãnh nhận Bí Tích Thêm Sức. Sự hiện diện và đóng góp của cha mẹ sẽ trợ giúp các Giáo Lý Viên trong sứ vụ mang Chúa đến cho các em. Xin quý phụ huynh giúp:

- Lo phần ẩm thực: Giúp lo cho các em phần ẩm thực trong các buổi hội thảo, tĩnh tâm...
- Dạy Giáo Lý: Giúp dạy Giáo Lý hoặc làm phụ giáo trong các lớp học. Sẽ có các lớp huấn luyện, chỉ cần phụ huynh có lòng yêu mến Chúa và các em.
- Phụ giúp việc văn phòng: Giúp chuẩn bị giấy tờ và lo phụ liệu cho các em và các thầy cô.

*Xin liên lạc với VP nếu phụ huynh có thể giúp được.*

**Huấn Luyện cho Phụ Huynh:** Giáo xứ có chương trình huấn luyện cho phụ huynh về cả hai phương diện TÂM LINH và GIÁO DỤC.

- ♦ **Lớp Common Sense Parenting và các Tĩnh Tâm của Giáo Xứ:** Lớp Common Sense Parenting bằng tiếng Việt giúp quý phụ huynh hiểu tâm lý của các em và đồng hành với các em. Giáo xứ cũng tổ chức những buổi tĩnh tâm Mùa Chay và Mùa Vọng giúp thăng triển đời sống tâm linh.



# SPONSOR'S ROLE & RESPONSIBILITIES

## VAI TRÒ VÀ TRÁCH NHIỆM CỦA NGƯỜI ĐỖ ĐẦU THÊM SỨC

The Sponsor's function is to take care that the person confirmed behaves as a true witness of Christ and faithfully fulfills the duties inherent in this sacrament." Canon 892

### 1. The Sponsor Is - Người Bảo Trợ Là Người:

- a. A role model in faith and prayer life. A person that will pray with/for the candidate regularly.
  - b. A real friend, someone that the candidate can trust and confide in, and someone who can be there when needed.
  - c. Someone the candidate looks up to and someone after which he/she would like to model his/her life. A guide, confidant and listener who will assist the parent (s) in witnessing to the integrity of the Catholic Faith.
  - d. A person who will invite the candidate into fuller participation in parish life and service, and whose relationship with the candidate will continue after the celebration of Confirmation.
  - e. One who is interested in his or her own growth as he or she walks the faith journey with the candidate.
- a. Là người có một đời sống đức tin và đời sống cầu nguyện gương mẫu. Là người cầu nguyện cho con em của mình mỗi ngày.
  - b. Một người bạn chân thành, người mà các em có thể tin tưởng để chia sẻ; người có mặt khi em cần để lắng nghe.
  - c. Người mà em có thể noi gương theo; là người biết hướng dẫn, thân tín, và biết lắng nghe. Là người giúp đỡ cha mẹ sống và làm chứng cho chân tính của đức tin Kitô giáo.
  - d. Là người tiếp tục đồng hành với ứng sinh sau khi lãnh nhận Bí Tích Thêm Sức, và luôn mời gọi ứng sinh tham gia vào đời sống sinh hoạt và phục vụ của giáo xứ.
  - e. Quan tâm đến sự trưởng thành tâm linh của chính mình để cùng đồng hành với ứng sinh trong hành trình đức tin.

### 2. Qualifications For Sponsors – Tiêu Chuẩn Của Người Đỡ Đầu:

- a. Must be 18 years or older.
  - b. Must be a confirmed and PRACTICING Catholic.
  - c. If married, marriage is valid in the Catholic Church.
  - d. Must not be restrained by Church Law. Must be sufficiently mature to fulfill their role as a Sponsor.
  - e. May either be male or female.
  - f. Must be able to attend meetings, rehearsals, Rites and Confirmation Mass.
  - g. May **NOT** be the mother or father of the person to be confirmed.
  - h. Must be able to RECEIVE THE EUCHARIST at the CONFIRMATION MASS.
- a. Cần phải 18 tuổi trở lên.
  - b. Là người đã lãnh nhận Bí Tích Thêm Sức, và đang thực hành đức tin Công giáo tích cực.
  - c. Nếu lập gia đình, họ phải làm phép cưới trong Giáo Hội Công Giáo.
  - d. Không bị trở ngại bởi luật Hội Thánh. Phải trưởng thành đủ điều kiện để làm tròn bốn phận người bảo trợ.
  - e. Có thể là phái nam hoặc phái nữ.
  - f. Là người có thể tham dự những buổi cử hành phụng vụ, những buổi họp trong quá trình chuẩn bị cho con em lãnh nhận Bí Tích Thêm Sức.
  - g. Không phải là Cha hoặc Mẹ của ứng sinh.
  - h. Phải là người có thể lãnh nhận Bí Tích Thánh Thể (được Rước Lễ) trong Thánh Lễ Thêm Sức của các em.



**Sponsor Form  
is DUE  
Jan. 15, 2019**



## SAINT PROJECTS – CONFIRMATION NAME

As we go through our sacramental preparation for Confirmation, Confirmation saints are chosen to be a person we want to be like, as well as someone who can pray for us from heaven. When you are confirmed, the Bishop will ask what name you have chosen. It must be a **canonized** saint's name, either the one you already have from your baptism, or a saint that you admire. Now is the time to get to know more about this saint. The challenges, holiness, and charitable works of these holy people are examples of what it means to be a faithful disciple, grateful steward and active evangelist.

### **Examples of correct names:**

Francis of Assisi or Francis de Sales  
Therese of Lisieux or Teresa of Avila  
Mary, Mother of God

### **Incorrect Names:**

Francis  
Therese  
Mary

**You are required to complete two parts:**

**Part I: MY CONFIRMATION SAINT** (2 pages typed, double space, font 12 (max.), 1" margins).

Content of paper:

1. The saint's picture
2. Date and place of birth and death. Some significant facts about the saint's life.
3. **Describe the challenges, holiness and charitable works of your Saint that are a source of inspiration.**
4. **Include specific ways** you would like your saint to help you to prepare for Confirmation. In what ways will you need your patron saint to help you after Confirmation?
5. What have you learned about your patron saint that you personally desire to imitate? What qualities you would like to have as your own? Why? Are there anyways that you are already similar to him/her?

**Part II: I AM A SAINT** (1-2 pages typed, double space, font 12 (max.), 1" margins).

Content of paper:

1. Your picture (maximum of picture content – half page)
2. Your name: (Ex. St. Samantha Nguyen of Fountain Valley)
3. Title of your sainthood (the virtue of which you are most known for in your daily life).
4. Reflect and acknowledge your God given talents and virtues. Give concrete examples of good deeds that you have done.
5. What needs to be "straightened out" in your life to respond to God's call "to be perfect as your Father in heaven is perfect?"
6. What is one message that you would leave for the next generation?

Websites: [www.catholic.org/saints](http://www.catholic.org/saints)

[www.americancatholic.org](http://www.americancatholic.org)

[www.oce.catholic.com](http://www.oce.catholic.com)

**Note: *This is the name you will use on Confirmation Day. If you choose another name, you will need to do another saint report. If the chosen saint name differs from your baptismal saint name, then this will be your permanent saint name (replacing the one from Baptism).***

**Your Confirmation Name/Saint Report is DUE by January 26, 2019**





# CHRISTIAN SERVICE PROJECTS | Phục vụ Kitô Giáo

## SERVICE PROJECT GUIDELINES

Before making a commitment to a service project, think about the variety of ways in which you can use your talents and abilities to help others. In order to gain a better understanding of the need you are addressing, review the Corporal and Spiritual Works of Mercy and Catholic Social Teachings and pray about whether your service project lends a hand to those needs. A few guidelines about the service projects:

1. The total hours required for Confirmation Candidates are:
  - **Year I:** 12 hours minimum of 3 Service Projects
  - **Year II:** 15 hours minimum of 3-4 Service Projects
2. Service Projects must be done in the three following context: FAMILY, PARISH, COMMUNITY
3. To receive credit for the service projects, candidates must
  - a. Spend a minimum of 2 hours on each project
  - b. Obtain a signature from the person in charge
  - c. Reflect & write the report *using the form "Service Project Reflection,"* and submit it to the Office of Faith Formation
4. Three Service Project reports are due by the **NOVEMBER 3<sup>rd</sup>, FEBRUARY 23<sup>rd</sup> & MARCH 30<sup>th</sup> (for Year I)** and **NOVEMBER 3<sup>rd</sup>, DECEMBER 15<sup>th</sup>, FEBRUARY 16<sup>th</sup> & MARCH 30<sup>th</sup> (for Year II)**

## PROJECT SUGGESTIONS

### PARISH

#### SPIRITUAL WORKS OF MERCY

1. Help with Children Liturgy at 9AM Sunday Mass.
2. Participate to be a First Communion retreat leader.
3. Serve as a teacher's aid or work in the Faith Formation Program.

#### COPORAL WORKS OF MERCY

4. Help with the collection and distribution of Food, toiletries, blankets or toys for the poor children (Thanksgiving Food Drive, Christmas Gifts-with His Hands)
5. Help with Parish Festivals.
6. Help serve Parish Activities: Monthly Parish Breakfast (on 4<sup>th</sup> Sunday of each month), Lenten Parish Dinner (each Friday during Lenten season)
7. Participate in Protection of Life events offered by Respect Life: Life Chain Sunday, Human Trafficking...
8. Participate in Outreach events offered by Youth Ministry (see Service Project Opportunities on page 14).

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Service Projects are DUE by  
**NOVEMBER 3<sup>rd</sup>, FEBRUARY 23<sup>rd</sup> & MARCH 30<sup>th</sup> — Year I**  
 and **NOVEMBER 3<sup>rd</sup>, DECEMBER 15<sup>th</sup>, FEBRUARY 16<sup>th</sup> & MARCH 30<sup>th</sup> — Year II**

### FAMILY

1. Help a family member who needs assistance of do something that you usually don't do that your family really needs to have done. Prepare a meal or dessert for your parent Birthday, Annniversary, family gatherings.
2. Help take care of your home: clean around the house, clean the garage, help laundry, help in the garden, cut the grass.
3. Help a family member who needs assistance.

### COMMUNITY/SOCIETY

1. Help at Human Trafficking Awareness booth to inform the general public of the existence and dangers of human trafficking.
2. Help prepare and serve a meal at a shelter (SHIP...) or help at a soup kitchen.
3. Participate and/or raise money for charitable organizations: His Hands, Thomas Walkathon, Concern America Walk Out of Poverty...
4. Participate in clean-up and beautification programs for your neighborhood or the beach.
5. Write cards/letters to those in the hospital, nursing home, prisons, military...
6. Make gifts and/or visit children or elderly in nursing homes, disabilty centers or child care centers.

## SERVICE PROJECT OPPORTUNITIES: 2018-2019

DATE	EVENT	LOCATION	TYPE OF SERVICE
October 7 @ 2pm -3:30 pm	Life Chain Sunday	Euclid & Warner	Community
Sept. 23, Oct. 25, Nov. 23, Jan. 27, Feb. 24, Mar. 24, April 28 @ 6am – 12pm	Parish Breakfast	Doyle Hall	Parish
November 17 @ 6am – 10:30am	His Hands – Thanksgiving Baskets	Doyle Hall	Community
December 8-9 @ All Masses	Pass Out Calendars	Church Patio	Parish
December 15 @ 6am – 10:30am	His Hands – Christmas Baskets	Doyle Hall	Community
January 26 @ 1:30pm - 3:30pm or 5:30pm – 10pm	Vocations Dinner – Set up or Serving and Clean Up	Doyle Hall	Parish
Mar. 8, 15, 22, 29, Apr. 25, 12 @ 4 –7:30pm	Parish Lenten Dinners	Doyle Hall	Parish
March 3 @ 9:30am – 4:30pm	First Holy Communion Retreat	Doyle Hall	Parish
March 16 @ 5:30 – 9:30pm	St. Patrick's Day Dinner	Doyle Hall	Parish
April 13 @ 6:30am – 10am	Concern America Walk Out of Poverty	Doyle Hall	Community
May 14 & 15 @ 3:15 – 5:30pm	Religious Education Prayer Fair	Doyle Hall	Parish
June 2 @ 8am – 9pm	Holy Spirit Feast Day Festival	Doyle Hall	Parish

### ONGOING SERVICE OPPORTUNITIES

Organization	Contact Person	Location
Children Liturgy	Roz Esh (714) 963-7871	Holy Spirit Rooms 7-8
Usher or Lector at 5pm Mass	Chris Ord (714) 330-4063	Church
Thomas House	Phuong Tran (714) 554-0357	12601 Morningside Ave #6, Garden Grove
OC Food Bank	Dre Gaithe (714) 897-6670	11870 Monarch St, Garden Grove
Someone Cares	(949) 548-8861	720 W 19 <sup>th</sup> St, Costa Mesa
Mercy House	Irene Mendoza (714) 836-7188	1505 17 <sup>th</sup> St, Santa Ana
Human Trafficking Awareness	Susan (714) 865-7477	Huntington Beach Pier
Isaiah House Catholic Worker	(714) 835-6304	316 South Cypress Avenue, SA
Self Help Interfaith Program-SHIP	Pat Goodman (714) 847-6617	Help prepare & serve a meal at a shelter
Huntington Beach Central Library	<a href="http://www.huntingtonbeachca.gov/government/departments/library/kids_stuff/volunteers.cfm">http://www.huntingtonbeachca.gov/government/departments/library/kids_stuff/volunteers.cfm</a>	<a href="http://www.huntingtonbeachca.gov/government/departments/library/kids_stuff/volunteers.cfm">http://www.huntingtonbeachca.gov/government/departments/library/kids_stuff/volunteers.cfm</a>

- Find the organization that fits your skills and passions <https://www.volunteermatch.org>
- Register at VolunteerUp.com to find other service organizations in your area that accept minors as volunteer.

**For other service opportunities with Faith Formation, Youth Ministry or Parish, please contact Chris Ord or if you need ANY help finding service, call/text Chris Ord: (714) 330-4063**

# LETTER TO BISHOP VANN



During these past 2 years, you have expressed your desire to be confirmed in many ways. You have shown this by your attendance and participation in class, group gatherings, service to others, and in the growth of faith through prayer, retreats, workshops, Mass, and the Sacraments. You have therefore shown that you want to belong fully to the Community of Holy Spirit Catholic Church. The initiation process that has begun for you at Baptism by your parents and by the Church is soon to be completed at your Confirmation.

All Confirmation II candidates who desire to be confirmed this year must write a letter to the Bishop asking him to be confirmed. It is now time for you to officially request to be confirmed in the Catholic Church by Bishop. It is a custom here to do this through a letter.

**Your letter must be typed on an unfolded 8 ½ x 11' paper, at least one page long. Ask someone to edit before your final draft. All sentences should be complete thoughts and not just a list of answers.**

## Example:

*Full Name (with Confirmation Saint Name): Ex[Teresa of Avila Christine Thuy Nguyen]  
Address  
City, State, Zip  
Date*

***Most Reverend Kevin W. Vann, Bishop of Orange***

*Your name, age, school, and your Parish – Your Confirmation name and why that name was chosen. (Be specific with your Saint Name: Ex Mary, Mother of God or John the Apostle).*

### **Gospel Reflection (Bible Verse for Reflection — will be given)**

- 1. What does this Gospel mean for you in your own life circumstances?*
- 2. What challenges does the Gospel present to you? To your family? To society?*
- 3. How are you called to live out this Gospel?*

### **Personal Reflection**

- 4. The reason why you want to be Confirmed and what you have been doing to prepare for this Sacrament.*
- 5. You may add anything to think important. For example, how you feel you have grown during this time of preparation... or why the Catholic faith is important to you ... or how you're Christian service to others may have helped you to grow, or how have you experienced God's Love in your life...?*
- 6. An explanation of how you plan to live out your Christian commitment as a mature, adult Catholic with the strength of the Holy Spirit.*
- 7. Others*
- 8. It this your free choice? Finally, a request/desire to be confirmed.*

***I have the honor to be, your Excellency.***

\_\_\_\_\_ (Student's Signature)

*Student's Name (print your full name under your signature)*

### **IMPORTANT:**

**Please remember to write as a FORMAL LETTER & not as a list of answers as shown in this sample.**





# SOME BASIC TRUTHS OF OUR FAITH

## **GOD AND OURSELVES**

### **1. Who is God?**

God is the Creator of heaven and earth, of all that is seen and unseen.

### **2. What does "Creator" mean?**

A Creator is one who makes from nothing. The only Creator is God.

### **3. What is God like?**

God is a pure spirit. He is completely perfect- all-knowing, all-good, all-powerful and all-loving.

### **4. What is the mystery of the Blessed Trinity?**

The mystery of the Blessed Trinity is one God is three divine persons: the Father, the Son, and the Holy Spirit.

### **5. Does God care about us?**

God cares about us very much. He keeps us in existence, helps us in everything we do, and watches over us with love.

### **6. How do we know about God?**

We know about God through what He has created and especially through the Catholic Church and the Bible.

### **7. What is the meaning of life?**

God gave us life so that we will use it to know Him, love Him and serve Him now and be happy with Him forever in heaven.

### **8. How do we learn to know, love and serve God?**

We learn to know, love and serve God from the teachings and examples of Jesus Christ.

### **9. Who is Jesus Christ?**

Jesus Christ is God the Son, who became man for us while remaining God.

### **10. Where do we find the teachings and examples of Jesus Christ?**

We find the teachings and examples of Jesus Christ in the Bible, especially in the four Gospels.

### **11. What is the Incarnation?**

The incarnation is the taking of a human nature by God the Son.

### **12. Why did God become man?**

God became man to save us from our sins, give us His grace, and teach us what we must believe and do to reach heaven.

### **13. What is the Redemption?**

The Redemption is Jesus' death and resurrection, by which He made up for our sins and won for us the help we need for reaching heaven.

### **14. What do we learn from Jesus' choice of death for our sake?**

From Jesus' choice of death for our sake we learn how much He loves us and how terrible sin is.

## **DIVINE REVELATION**

### **15. What is the Bible?**

The Bible is the Holy Book in which God speaks to us through the words of men who wrote what He wanted them to write.

### **16. What are the stages of God's Revelation?**

God manifested himself to our first parents, Adam and Eve. After their fall, God revealed himself to the Ancestors and the Prophets: Abraham, Isaac, Jacob, Moses, David...

### **17. What is the full and definitive stage of God's Revelation?**

The full and definitive stage of God's revelation is accomplished in his Word made flesh, Jesus Christ, the mediator and fullness of Revelation.

### **18. What is Apostolic Tradition?**

Apostolic Tradition is the transmission of the message of Christ. The apostles transmitted all they received from Christ and learned from the Holy Spirit to their successors, the bishops, and through them to all generations.

### **19. In what ways does Apostolic Tradition occur?**

Apostolic Tradition occurs in two ways: through the living transmission of the word of God (Sacred Tradition) and through the proclamation of salvation in written form (Sacred Scripture).

### **20. What is the relationship between Tradition and Sacred Scripture?**

Tradition and Sacred Scripture flow out of the same divine well-spring and together make up one sacred deposit of faith from which the Church derives her certainty about revelation.

### **21. To whom is the deposit of faith entrusted?**

The Apostles entrusted the deposit of faith to the whole of the Church assisted by the Holy Spirit and guided by the Magisterium.

### **22. To whom is given the task of authentically interpreting the deposit of faith?**

It has been entrusted to the living teaching office of the Church (Magisterium) alone, that is, to the successor of Peter, the Bishop of Rome, and to the bishops in communion with him.

**23. What is the relationship between Scripture, Tradition and the Magisterium?**

Scripture, Tradition, and the Magisterium are so closely united with each other that one of them cannot stand without the others. Working together, each in its own way, under the action of the one Holy Spirit, they all contribute effectively to the salvation of souls.

**24. How is Sacred Scripture to be read?**

Sacred Scripture must be read and interpreted with the help of the Holy Spirit and under the guidance of the Magisterium. It must be read: 1) with the content and unity of the whole of Scripture; 2) within the living Tradition of the Church; 3) with inner harmony which exists among the truths of the faith themselves.

**25. What is the Canon of Scripture?**

The Canon of Scripture is the complete list of the sacred writings. The Canon consists of 46 books of the Old Testament and 27 of the New.

**26. What is the importance of the Old Testament for Christians?**

All of the books of the Old Testament are divinely inspired and retain a permanent value. They are written, above all, to prepare for the coming of Christ the Savior of the universe.

**27. What importance does the New Testament have for Christians?**

The New Testament, whose central object is Jesus Christ, conveys to us the ultimate truth of divine Revelation. The Gospels are the principle witness to the life and teaching of Jesus.

**28. What is the unity that exists between the Old and the New Testaments?**

God's plan of salvation is one, and the divine inspiration of both Testaments is one. The Old Testament prepares for the New and the New Testament fulfills the Old; the two shed light on each other.

**29. What role does Sacred Scripture play in the life of the Church?**

Sacred Scripture gives support and vigor to the life of the Church. It is a confirmation of the faith, food for the soul and the fount of the spiritual life.

**SIN**

**30. What is sin?**

Sin is disobedience to God and His laws.

**31. What is original sin?**

Original sin is the lack of grace with which each of us came into the world because of the sin of our first parents.

**32. What is personal sin?**

Personal sin is personal disobedience to God's law through a willful thought, desire, word, action or omission.

**33. What does sin do to a person?**

Serious (mortal) sin drives out God's grace. Lesser (venial) sin weakens the person's friendship with God.

**GRACE**

**34. What is grace?**

Grace is a gift that God gives us to bring us closer to Him.

**35. What is sanctifying grace?**

Sanctifying grace is a sharing in God's own life that makes us holy (close to Him).

**36. What is actual grace?**

Actual grace is light for our mind and strength for our will, which God gives us whenever we need it.

**37. Why is grace important?**

Grace is important because we need God's life and help in order to please Him in life and enter His happiness after death.

**THE VIRGIN MARY**

**38. Who is Mary?**

Mary is the Mother of Jesus and therefore the Mother of God.

**39. Why do we call Mary our Mother?**

We call Mary our Mother because Jesus Himself made her the spiritual Mother of the Church and of each one of us.

**40. What is the Immaculate Conception?**

The Immaculate Conception is Mary's freedom from original sin from the first moment of her existence.

**41. What is the Assumption?**

The Assumption is the taking up of the Blessed Virgin Mary into heaven body and soul by God's power.

**THE CATHOLIC CHURCH**

**42. What is the Catholic Church?**

The Catholic Church is God's people, whom He has joined together in the same beliefs, laws and sacraments under the Pope.

**43. Why did Jesus Christ found the Church?**

Jesus Christ founded the Church in order to continue His mission on earth-that is, to save mankind.

**44. Who was Saint Peter?**

Saint Peter was the apostle whom Jesus chose to be the first Pope.

**45. Who is Pope?**

The Pope is Jesus' representative (vicar) on earth.

**46. Is the Pope the head of the Church?**

The Pope is the *visible* head of the Church and Jesus is its *invisible* Head.

**47. Why did Jesus give us the Pope?**

Jesus gave us the Pope for the sake of the unity of the Church.

**48. Who are the bishops?**

The bishops are the leaders of the Church, united with the Pope and under him.

**49. What does Jesus do for us through the Church?**

Through the Church Jesus gives us grace and teaches us what we must believe and do in order to reach heaven.

**50. What is infallibility?**

Infallibility is god-given freedom from making mistakes in matters of faith and morals, which belongs under certain conditions to the Pope and the bishops united with him.

**51. Why is infallibility important?**

Infallibility is important because it guarantees to the Catholic Church the sureness of God's truth.

**52. Why is it important to live a real Catholic life?**

It is important to live a real Catholic life because the Catholic Church has the sureness of Christ's truth and the fullness of His grace.

**THE SACRAMENTS**

**53. How does the life of grace come to us?**

The life of grace comes to us chiefly through the Mass and the other sacraments.

**54. What is the Mass?**

The Mass is the sacrifice of the cross taking place today; a memorial of Jesus' death and resurrection; a holy meal in which we receive Christ Himself.

**55. What are the sacraments?**

The sacraments are seven special actions of Jesus through which He gives us His Spirit to make us holy by grace.

**56. What are the names of the seven sacraments?**

The seven sacraments are: Baptism, Confirmation, Holy Eucharist, Penance, Anointing of the Sick, Holy Orders and Matrimony.

**57. What is Baptism?**

Baptism is the sacrament in which Jesus sends us His Spirit to free us from sin, seal us as Christians, and give us His grace.

**58. What did the grace of Baptism do for us?**

The grace of Baptism made us God's children, heirs of heaven living members of the Church and temples of the Blessed Trinity, the Father, the Son and the Holy Spirit.

**59. What is Confirmation?**

Confirmation is the sacrament in which the Holy Spirit joins us more closely to Jesus and His Church, strengthens our faith, and seals us as Christ's witnesses.

**60. What is the Eucharist?**

The Eucharist is the sacrament of Jesus' real and complete presence, in which He renews His sacrifice, comes to us as Holy Communion, and remains close to us in our churches.

**61. What is Penance?**

Penance is the sacrament in which Jesus forgives our sins, strengthens or renews our friendship with Himself and His people, and gives us the strength to do better.

**62. How do we receive the sacrament of Penance?**

To receive the sacrament of Penance we: remember our sins are sorry for them; intend not to commit them again; tell them in confession; say or do our penance.

**63. What are mortal and venial sins?**

Mortal sins are serious disobediences to God and His law, which must be told in confession. Venial sins are less serious disobediences.

**64. When is a sin mortal?**

A sin is mortal when the person knew before or while committing it that it was seriously wrong, yet freely and deliberately decided to do it.

**65. What is the Anointing of the Sick?**

The Anointing of the Sick is the sacrament in which Jesus brings healing of soul and often of body to sick or injured people in danger of death.

**66. What is Holy Orders?**

Holy Orders is the sacrament through which Jesus gives His Spirit to men to seal them as deacons, priests and bishops and to give them the powers that belong to each position.

**67. What is Matrimony?**

Matrimony is the sacrament through which Jesus blesses a marriage and gives the couple the grace to love one another faithfully throughout life, to love their children and to raise their children as good Christians.

**68. Why are the sacraments important?**

The sacraments are important because they are the chief ways in which we receive or grow in God's grace and are strengthened to live as we should.

**THE COMMANDMENTS OF GOD**

**69. What are God's Ten Commandments?**

God's Ten Commandments are laws which guide us in living the ways all human beings should live.

**70. What does God tell us in the first commandment?**

In the first commandment God tells us that we should pray to Him, believe His teachings, trust Him and love Him.

**71. What are some of the sins forbidden by the first commandment?**

Some of the sins forbidden by the first commandment are: giving up the Catholic religion; refusing to believe one or more of the Church's teachings; reading books or pamphlets against the Catholic faith; practicing superstition.



**72. What does God tell us in the second commandment?**

In the second commandment God tells us to speak with respect of Him, of holy things, of holy places and of persons close to Him.

**73. What are some of the sins forbidden by the second commandment?**

Some of the sins forbidden by the second commandment are: using the names of God or Jesus in a wrong way; insulting God or religion; perjury (lying when under oath).

**74. What does God tell us in the third commandment?**

In the third commandment God tells us to make Sunday special by worshiping Him at Mass (which may also be done on Saturday evening) and by taking the rest we need.

**75. What are some of the sins forbidden by the third commandment?**

Some of the sins forbidden by the third commandment are: missing Mass on Sunday (Saturday evening); being late for Mass on purpose; doing unnecessary hard work on Sunday.

**76. What does God tell us in the fourth commandment?**

In the fourth commandment God tells us to love, respect, obey and help our parents and to respect and obey others who are in charge of us, such as teachers, the leaders of our Church and country, etc.

**77. What are some of the sins forbidden by the fourth commandment?**

Some of the sins forbidden by the fourth commandment are: disobeying one's parents; hating, striking or insulting them; speaking or acting unkindly toward them; causing them anger or sorrow.

**76. What does God tell us in the fifth commandment?**

In the fifth commandment God tells us to look after the life, health, safety and spiritual good of ourselves and others.

**77. What are some of the sins forbidden by the fifth commandment?**

Some of the sins forbidden by the fifth commandment are: murder; abortion; suicide; euthanasia (mercy killing); drunkenness; drug taking; unnecessary risk of life; anger, hatred; fighting; leading others to sin.

**78. What does God tell us in the sixth and ninth commandments?**

In the sixth and ninth commandments God tells us to respect His gift of sex by avoiding the thoughts, desires and actions that are permitted only to married people, and by avoiding conversations, ways of dressing, pictures, books, etc., which could lead us or others to sin.

**79. What are some of the sins forbidden by the sixth and ninth commandments?**

Some of the sins forbidden by the sixth and ninth commandments are: adultery<sup>1</sup>, fornication<sup>2</sup>, contraception<sup>3</sup>, homosexual activity, masturbation, deliberate thoughts, words or actions that arouse sexual feelings.

**80. How can we help ourselves to keep the sixth and ninth commandments?**

We can help ourselves to keep the sixth and ninth commandments by praying often especially to the Virgin Mary, by receiving Penance and the Eucharist often; by keeping ourselves busy; and by avoiding persons, places or things that might tempt us to sin.

**81. What does God tell us in the seventh and tenth commandment?**

In the seventh and tenth commandments God tells us to take care of our own things, to respect what belongs to others and to make up for any stealing or harming of property that we have done deliberately.

**82. What are some of the sins forbidden by the seventh and tenth commandments?**

Some of the sins forbidden by the seventh and tenth commandments are: stealing; wanting to steal; unjustly keeping what is not ours; cheating; willfully damaging the property of others; wasting time or materials when working; not paying what we owe.

**83. What does God tell us in the eighth commandment?**

In the eighth commandment God tells us to say only what is true and good, and if we have injured someone's reputation to make up for the harm we have done.

**84. What are some of the sins forbidden by the eighth commandment?**

Some of the sins forbidden by the eighth commandment are: lying; insulting; harming someone's reputation; criticizing unfairly; not keeping secrets that we should keep.

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1. Sexual relations between two persons, one of whom is married to someone else.

2. Sexual relations between unmarried persons.

3. Artificial birth control.

# LECTIO DIVINA

*First, find a place where you can be still and quiet. Then, choose a passage of scripture to use as a guide for this time. Psalms work well, but any passage is fine for this practice. Once you find your passage, stop. Be still. Be quiet. I like to be totally silent as much as possible during the entire practice. The only words that need to be spoken out loud are the words of the scripture. Breathe. Notice your breathing. As you breathe deeply, ask God to speak to you. Don't rush.*

1. **LECTIO (reading)**, the first level, involves alert reading of the passage, with “a desire to understand its true content: *what does the biblical text say in itself?*”
  - When you feel ready, read the passage slowly, out loud. As you read listen for a word or phrase that speaks to your soul. Don't force it, just allow it to come.
  - After you have read through the passage, be still. Think about the words. Breathe.
2. **MEDITATIO (meditation)** prompts the question: **What is this passage saying to us?**
  - Read the passage again out loud. Again, listen for a word or phrase that seems to stand out to you. Then be quiet and still.
3. **ORATIO (prayer)** is the specific moment for prayer: **What do we say to the Lord in response to his word?**
  - Read the passage a final time out loud. Then be quiet and let the word or phrase roll around in your head. Meditate on it. Pray it back to God.
  - Ask Him what He is trying to tell you. Don't force it, let it come.
4. **CONTEMPLATIO (contemplation)**, we take up, as a gift from God, His own way of seeing and judging reality, and ask ourselves: **What conversion of mind, heart, and life is the Lord asking of us?**
  - After you've prayed, just rest. Don't let distractions derail you. It's ok to be distracted. Give those distractions to God.
  - Think about why you are thinking the thoughts in your head and how they might be connected to the passage earlier.
5. **ACTIO (action)**, we do well also to remember that the process of lectio divina is not concluded until it arrives at **action**, which moves the believer **to make his or her life a gift for others in charity.**

**Pray that this practice might help you experience  
God in a fresh, inspiring way.**



# EXAMINATION OF CONSCIENCE FOR A GOOD CONFESSION



## TEN COMMANDMENTS

1. **I AM THE LORD YOUR GOD. YOU SHALL NOT HAVE STRANGE GOD BEFORE ME.** Did I fail to love God, to make God first in my life, to thank Him, trust Him, love Him as He deserves? Did I fail to pray? Have I doubted or denied my faith? Was I careless in saying my prayers? Do I give God time everyday in prayer? Have I been involved in magic, Ouja boards, Tarot card, and the occult?
2. **YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.** Did I curse or swear? Did I use God's name in vain, lightly, carelessly, in blasphemy? Have I used foul language or jokes?
3. **REMEMBER TO KEEP HOLY THE SABBATH.** Have I deliberately missed Mass on Sundays or Holy Days of Obligation? Was I late to Mass or did I leave Mass early without a serious reason? Was I irreverent in church? Did I fast one hour before Communion? Did I receive Communion in a state of mortal sin? Have I been to Communion at least once a year? Did I receive Holy Communion in the state of serious sin? Have I been to confession recently? In any of my previous confessions, did I lie to or deliberately conceal something, especially a mortal sin, from the priest? Did I fail to perform the penance? Did I do unnecessary work on Sunday?
4. **HONOR YOUR FATHER AND YOUR MOTHER.** Did I honor and obey my parents? Respect my brothers and sisters? Respect others with lawful authority, especially teachers? Have I talked bad? Did I fail to help at home or to spend time with my family?
5. **YOU SHALL NOT KILL.** Did I give in to feeling of anger or jealousy? Did I keep hatred in my heart? Did I fight? Did I give a bad example or cause scandal? Have I abused alcohol or drugs? Have I had or in any way permitted or encouraged aborting? Have I thought about suicide?
6. **YOU SHALL NOT COMMIT ADULTERY.** Did I consent to impure glance? Passionate kisses? Sinful touches? Was I immodest in dress or behavior? Did I look at pornography, impure books, magazines or video? Am I guilty of masturbation (impurity with self), fornication (premarital sex), adultery (having sex outside marriage) or contraception (by pills, device, etc.)? Do I live chastely according to my state in life (married, single, or ordained)? Do I avoid laziness, gluttony, idleness and the occasions of impurity?
7. **YOU SHALL NOT STEAL.** Have I stolen what is not mine? What or how much? Did I return it or make up for what I have stolen? Have cheated on tests or homework? Did I waste time at work? Have I written graffiti (this steals nature's beauty)?
8. **YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR.** Have I lied or gossiped? Talked about another behind his back? Do I always tell the truth? Am I sincere? Did I reveal secrets that should have been kept confidential? Am I critical, negative or uncharitable in my talk?
9. **YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE.** Have I consented to impure thoughts? Have I encouraged them by stares, curiosity or impure conversation? Did I neglect to control my imagination or desire other people?
10. **YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS.** Is my heart greedy? Am I jealous of what another has? Am I envious of others because I don't have what they have? Am I moody or gloomy? Do I work, study and keep busy to counter idle thought? Am I critical, negative, or uncharitable in my thoughts of others? Is my heart set in earthly possessions or in the treasures in Heaven?

## EXAMINATION OF CONSCIOUSNESS AT THE END OF THE DAY

1. **PRESENCE:** Center myself in God's presence. Ask for the light of the Holy Spirit to see through God's eyes...
2. **GRATITUDE:** What have been the gifts during the day that I should be thankful for?
3. **REVIEW:** Where God has been working during the day in my life; where am I co-operating with Him today; where I am co-operating with the sinful element within me and not doing what I want to do in the Lord (Rom 7:15-20).
4. **REPENT:** Ask for sorrow and forgiveness for the times when I have not been attentive and responsive to His presence and love in my life.
5. **GRACE:** Finally, ask for His help and guidance for tomorrow, trusting that He will be with me.



# Seven Precepts of the Church

1. To assist at mass on Sundays and Holy Days of Obligation\* and to avoid unnecessary work on Sundays.
  2. To celebrate the Sacraments frequently, confession mortal sins at least once a year and receiving holy communion during the Easter season.
  3. To study catholic teaching in preparation for Confirmation and to be confirmed.
  4. To observe the marriage laws of the Church: to give religious training by examples and words to one's children; to use parish schools and religious education programs.
  5. To contribute to the support of the church.
  6. To do penance, including abstaining from meat and fasting on the appointed days.
- To join in the Church's Missionary Spirit / Apostolate.

## Holy Days of Obligation (for Latin Rite Catholics)

### All Sundays

**January 1:** The Solemnity of Mary, Mother of God

**August 15:** The Solemnity of the Assumption of the Blessed Virgin Mary

**November 1:** The Solemnity of All Saints

**December 8:** The Solemnity of the Immaculate Conception

**December 25:** The Solemnity of the Nativity of Our Lord Jesus Christ

## Seven Capital Sins vs. Seven Virtues

### COVETOUSNESS VS. GENEROSITY

- To covet is to neglect the less fortunate and be greedy with money or possessions. See also the 10<sup>th</sup> Commandment.
- To be generous is having the willingness to give and having only an appropriate regard for one's earthly things.

### PRIDE VS. HUMILITY

- To have pride is to delay forgiving and to have an inappropriate appreciation for one's self worth.
- To have humility is to have modest behavior and to give respect to oneself and others.

### LUST VS. CHASTITY

- It is lustful to dress or act immodestly or to watch TV shows, social media, movies, or read magazines that promote immoral sex or violence. See also the 6<sup>th</sup> and 9<sup>th</sup> Commandments.
- It is chaste to embrace moral purity in thought and action, and to treat God's gift of sexuality with reverence and respect.

### ENVY VS. BROTHERLY LOVE

- It is envious to be excessively jealous of others, to ridicule others, or to be prejudiced.
- It is brotherly love, or kindness, to be unprejudiced, compassionate, and to have charitable concern for others.

### ANGER VS. MEEKNESS

- It is the sin of anger to become unreasonably angry, to speak unkindly to others, to fight with others, or to purposely anger others. See also the 5<sup>th</sup> Commandment.
- It is meekness, or patience, to focus on seeking appropriate resolutions to conflicts, to forgive, and to show mercy.

### SLOTH VS. DILIGENCE

- To be slothful is to have extreme laziness, especially in matters of faith.
- It is diligent to have an appropriate attitude toward living and sharing the faith.

### GLUTTONY VS. TEMPERANCE

- To be gluttonous is to over-indulge, such as by taking or selling recreational drugs, or to get drunk on purpose.
- To have temperance, or to practice abstinence, is to have behavior centered on self-control and moderation.

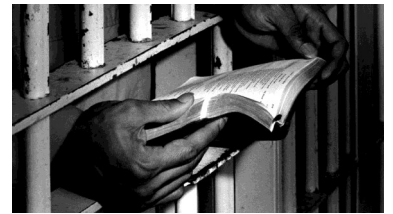
# Works Of Mercy

## CORPORAL WORKS OF MERCY

1. To feed the hungry
2. To give drink to the thirsty
3. To clothe the naked
4. To visit the imprisoned
5. To shelter the homeless
6. To visit the sick
7. To bury the dead

## SPIRITUAL WORKS OF MERCY

1. To counsel the doubtful
2. To instruct the ignorant
3. To comfort the sorrowful
4. To admonish the sinner
5. To forgive all injuries
6. To bear wrongs patiently
7. To pray for the living and the dead



## The Beatitudes

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are the meek, for they shall possess the land.
3. Blessed are they that mourn, for they shall be comforted.
4. Blessed are they that hunger and thirst after justice, for they shall be filled.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the clean of heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called the children of God.
8. Blessed are they that suffer persecution for justice's sake, for theirs is the kingdom of heaven.

## Four Cardinal Virtues

- |            |               |
|------------|---------------|
| 1. Prudent | 3. Justice    |
| 2. Justice | 4. Temperance |

## Seven Gifts Of The Holy Spirit

- |                  |              |                     |
|------------------|--------------|---------------------|
| 1. Wisdom        | 4. Courage   | 6. Piety            |
| 2. Understanding | 5. Knowledge | 7. Fear of the Lord |
| 3. Counsel       |              |                     |

## 12 Fruits of the Holy Spirit

- |             |                 |                    |
|-------------|-----------------|--------------------|
| 1. Charity  | 5. Kindness     | 9. Self-control    |
| 2. Joy      | 6. Goodness     | 10. Long-suffering |
| 3. Peace    | 7. Faithfulness | 11. Humility       |
| 4. Patience | 8. Gentleness   | 12. Chastity       |



# How to Recite the Rosary

1. Make the Sign of the Cross and say the "Apostles Creed".
2. Say the "Our Father".
3. Say three "Hail Mary".
4. Say the "Glory be to the Father".
5. Announce the first mystery; then say the "Our Father".
6. Say ten "Hail Mary" while meditating on the mystery.
7. Say the Glory be to the Father and the "Fatima Prayer".
8. Announce the second mystery; then say the "Our Father".
9. Repeat 6 and 7, and continue with third, fourth, and fifth mysteries in the same manner.
10. Say the "Hail Holy Queen".
11. Say the "Prayer After the Rosary".

## *Mysteries of the Rosary:*

### THE JOYFUL MYSTERIES

**(The Church suggests praying the Joyful Mysteries on Monday and Saturday)**

1. Annunciation of the birth of Jesus to Mary by the angel Gabriel
2. Visitation of Mary to her cousin Elizabeth
3. Nativity of our Lord and Savior Jesus Christ
4. Presentation of the infant Jesus in the Temple
5. Finding of the Child Jesus in the Temple by Mary and Joseph

### THE LUMINOUS MYSTERIES

**(The Church suggests praying the Luminous Mysteries on Thursday)**

1. Christ's baptism in the Jordan River
2. The self-revelation of Christ at the marriage of Cana
3. Christ's announcement of the kingdom of God
4. The Transfiguration of Christ
5. The institution of the Eucharist at the Last Supper

### THE SORROWFUL MYSTERIES

**(The Church suggests praying the Sorrowful Mysteries on Tuesday and Friday)**

1. Agony of Christ in the Garden
2. Scourging of Jesus at the Pillar
3. Placing of the crown of thorns on the head of Jesus
4. Carrying the Cross by Jesus
5. Crucifixion of our Lord Jesus Christ

### THE GLORIOUS MYSTERIES

**(The Church suggests praying the Glorious Mysteries on Wednesday and Sunday)**

1. Resurrection of our Lord from the dead
2. Ascension of our Lord into heaven
3. Descent of the Holy Spirit upon the apostles on Pentecost
4. Assumption of the Blessed Virgin Mary into heaven
5. Coronation of the Virgin Mary





# Prayers of the Rosary:

## THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## APOSTLES CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## GLORY BE TO THE FATHER

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## FATIMA PRAYER

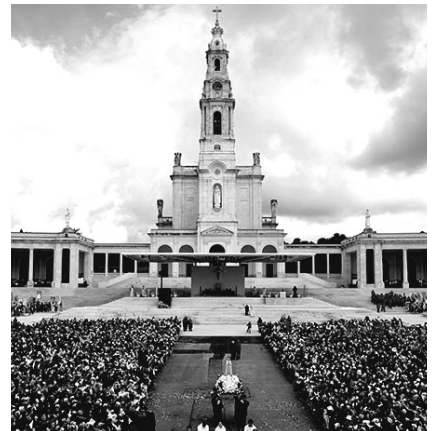
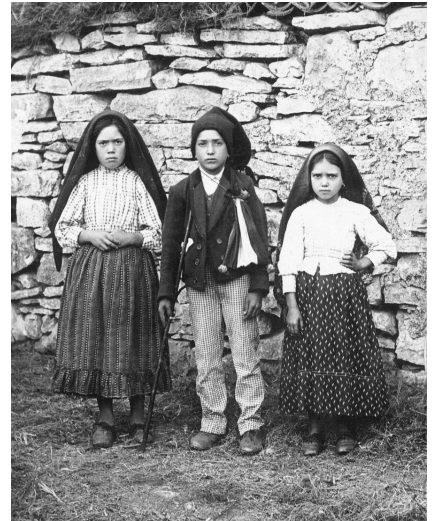
O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven especially those who are most in need of your mercy.

## HAIL HOLY QUEEN

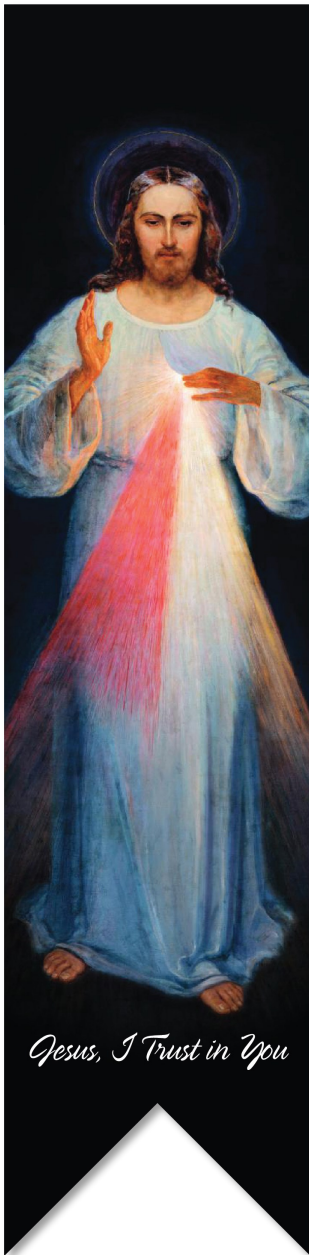
Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

## PRAYER AFTER THE ROSARY

O God, whose only-begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that we who meditate upon these mysteries of the most holy rosary of the Blessed Virgin Mary, may imitate what they contain and obtain what they promise. We ask this through Christ our Lord. Amen.

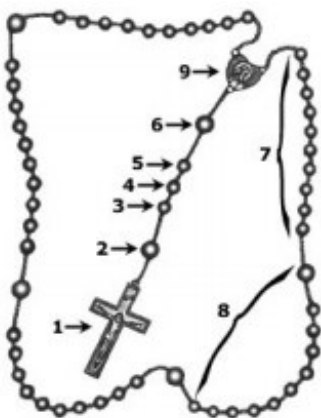


# How to Recite the Chaplet of Divine Mercy



The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is sometimes preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.

1. Make the Sign of the Cross In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
2. Optional Opening Prayers You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.  
  
O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!
3. Our Father Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.
4. Hail Mary Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.
5. The Apostle's Creed I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.
6. The Eternal Father Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.
7. On the Ten Small Beads of Each Decade For the sake of His sorrowful Passion, have mercy on us and on the whole world.
8. Repeat for the remaining decades Saying the "Eternal Father" (6) on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" (7) on the following "Hail Mary" beads.
9. Conclude with Holy God (Repeat three times) Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.
10. Optional Closing Prayer Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.





# 5 STEPS FOR DAILY EXAMINATION

- 1 ASK FOR GRACE
- 2 GIVE THANKS FOR THE GIFTS RECEIVED
- 3 RECOGNIZE MY FAULTS
- 4 ASK FOR FORGIVENESS
- 5 PURPOSE OF AMENDMENT

INFORMATION TAKEN FROM VOCACIONRELIGIOSA.ORG CatholicLink

# WAYS TO OVERCOME TEMPTATION

- 1 DON'T BE AFRAID  
TRUST GOD, YOU CAN DO ANYTHING WITH HIM BY YOUR SIDE
- 2 PRAY  
WHEN TEMPTATION COMES, CALL THE LORD AND VIRGIN MARY
- 3 GET BUSY  
FIND SOMETHING TO DO, A CHORE, A BOOK TO READ, ETC.
- 4 AVOID OPPORTUNITIES  
STAY AWAY FROM OPPORTUNITIES TO SIN
- 5 KEEP PRAYING  
KEEPING A LIFE OF PRAYER WILL HELP YOU STRENGTHEN YOUR WILL

"BE COURAGEOUS: I HAVE CONQUERED THE WORLD" (JOHN 16: 33) CatholicLink

# 6 SIGNS EVERY CATHOLIC SHOULD HAVE IN THEIR PATH

 <i>Pray.- Stop whatever you are doing and talk to God. Go to Mass and receive the sacraments.</i>	 <i>Yield to grace.- Be patient. Let God's grace into your life.</i>	 <i>Please, do not feed temptation.- When tempted, don't engage in dialogue.</i>
 <i>Dangerous curve, turn to Mary.- In difficult times, turn to your Heavenly Mother.</i>	 <i>Jesus at work.- Be thankful for everything Christ does for you.</i>	 <i>Walk with your cross.- Accept your daily crosses and ask God the strength to carry them.</i>

«Yahweh watches over the path of the upright» (Psalm 1) CatholicLink

# 4 REASONS TO PRAY THE ROSARY

**IT'S BIBLICAL**  
The Rosary contemplates the great mysteries of the Christian faith; each mystery has its source in the Holy Scriptures.

**IT HELPS US BE HOLIER**  
This prayer has been a great help to many in their path to holiness when prayed with devotion.

**THE VIRGIN HAS ASKED US TO**  
In several Marian apparitions (as Fatima), our Mother has asked us to pray the Rosary for the world's salvation.

**IT WEAKENS THE DEVIL**  
The Rosary has the effect of weakening the action of the devil in the world and in our lives.

INFORMATION BY PERIODISMOCATOLICO.COM CatholicLink

LATOYA MONIQUE 2012

"IN Happy MOMENTS, PRAISE GOD.  
IN DIFFICULT MOMENTS, SEEK God.  
IN QUIET MOMENTS, trust GOD.  
IN EVERY MOMENT, THANK God."

# 6 PRACTICAL ADVICE FOR A PURE LIFE

- 1 GUARD YOURSELF  
Guard your eyes and ears. Take in pure and wholesome information.
- 2 BE MINDFUL OF YOUR ACTIONS WHEN YOU ARE ALONE  
Try to be surrounded by people. Use your cell phone and computer wisely.
- 3 HAVE ACCOUNTABILITY PARTNERS  
Surround yourself with trustworthy people you can rely on.
- 4 UNDERSTAND THE SPIRIT, NOT JUST THE LAW  
Sex is gift from God, it should be saved for the right moment.
- 5 REALIZE YOU CAN'T DO IT ALONE  
You need God to overcome temptation.
- 6 DATING IS DIFFICULT, SO PLAN ACCORDINGLY  
Be aware of how you spend time with each other.

INFORMATION FROM LIFETEEN.COM CatholicLink

# THE MASS IS OFFERED FOR FOUR ENDS

ADORATION ATONEMENT  
THANKSGIVING PETITION

"LORD, GIVE US THAT BREAD ALWAYS" (JOHN 8:34) CatholicLink

# 5 THINGS THAT WE LEARN FROM OUR FAMILY

BY POPE FRANCIS

- 1 IT OPENS CHILDREN'S EYES ONTO LIFE  
In their parents they see human relationships built on love.
- 2 IT TEACHES THE VALUE OF BONDS  
Of fidelity, sincerity, trust, cooperation, respect.
- 3 IT INVITES PEOPLE TO BELIEVE IN RELATIONSHIPS  
It encourages people to believe even in difficult situations.
- 4 IT TEACHES PEOPLE TO HONOR THEIR WORD  
It shows respect for others and their personal boundaries.
- 5 TO CARE FOR THE SMALLEST MEMBERS  
To care for the most vulnerable and the wounded.

POPE FRANCIS • GENERAL AUDIENCE OCTOBER 7, 2015 CatholicLink

# 4 KEYS TO DISCERNING GOD'S WILL

 <b>Regular Confession</b> It frees us from our attachments to sin and enables us to listen to God's voice.	 <b>Communion with the Church</b> The teachings of the Church so that should form an integral part of our identity.
 <b>Contact with the Word Of God</b> We must consume and be consumed by the scriptures, its wisdom and direction.	 <b>Time to discern</b> We must make time, we will never learn to hear the voice of God if we are too busy with our plans and ideas.

INFORMATION BY WWW.CONTEMPLATIO.US CatholicLink

# 10 KEYS TO ACHIEVE Happiness

CATHOLIC VERSION

- 1 SEEK FIRST THE KINGDOM OF GOD
- 2 LOVE YOUR NEIGHBOR AS YOURSELF
- 3 EMBRACE THE CATHOLIC FAITH
- 4 DRAW NEAR TO THE BLESSED MOTHER
- 5 MAKE FREQUENT USE OF CONFESSION
- 6 FREELY FORGIVE OTHERS
- 7 ENTER DEEPLY INTO HOLY MASS
- 8 RECEIVE THE EUCHARIST WORTHILY
- 9 LIVE A "SACRIFICIAL" LIFE
- 10 REMAIN PROFOUNDLY PRAYERFUL

INFORMATION FROM HARVESTINGTHEFRUIT.COM CatholicLink

# gardener out vice and plant virtue

ST. CATHERINE OF SIENA

CatholicLink



# CONFIRMATION 1 CALENDAR \* 2018 - 2019 \* LỊCH TRÌNH THÊM SỨC 1

## TUESDAY 7:00PM – 8:30PM

	DATE	CLASS	SPECIAL EVENTS
September	18	CLASS	FIRST DAY OF CLASS in Doyle Hall
	25	CLASS	† LIFE CHAIN SUNDAY – October 01
October	02	CLASS	MASS TEACHING in Church
	06 (Saturday)		FAITH FORMATION OPENING MASS on Saturday in Church @ 10:30AM
	09	CLASS	
	14 (Sunday)		RITUAL OF COMMITMENT: Student & Parent Meeting in Doyle Hall @ 2PM - 6PM (Candidate & Parent)
	16	CLASS	† BAPTISMAL & FIRST HOLY COMMUNION CERTIFICATES DUE on OCT. 20
	23	CLASS	SAFETY EDUCATION for Students & Disaster Drill
November	30	CLASS	† SERVICE PROJECT 1 DUE on NOVEMBER 03
	06	CLASS	
	13	CLASS	His Hands THANKSGIVING BASKET, Sat. Nov. 17
	16 (Fri.) – 18 (Sun.)		PLANTED FOR LIFE RETREAT @ Irvine *Retreat fee due by Oct. 27, late fee \$25 will apply after due date
	20	NO CLASS	Happy Thanksgiving!
	27	CLASS	
December	04	CLASS	ADVENT PARISH MISSION (English) @ 7PM - 9PM
	11	CLASS	ADVENT PENANCE SERVICES @ 7PM in the Hall
	18	CLASS	His Hands Christmas Presents, Sat. Dec. 15
	25	NO CLASS	Merry Christmas!
January	01	NO CLASS	Happy New Year 2019!
	08	CLASS	
	15	CLASS	† SPONSOR FORM DUE on JANUARY 15
	22	CLASS	† SAINT PROJECTS DUE on JANUARY 26
	29	CLASS	
February	05	NO CLASS	TET Festival
	12	CLASS	
	17 & 24 (Sundays)		CANDIDATES INTERVIEW in Rooms 1-3 @ 11AM - 4PM (Candidate & Sponsor)
	19	CLASS	† SERVICE PROJECT 2 DUE on FEBRUARY 23
	26	CLASS	
March	05	CLASS	Ash Wednesday, March 6 - Lenten Season Begins
	12	CLASS	LENTEN PARISH MISSION (English) on March 11-13 @ 7PM - 9PM
	19	NO CLASS	Religious Education Congress
	21 Thursday		YOUTH DAY at Anaheim Convention Center @ 6AM - 4:30PM *Event fee due by Oct. 27, late fee \$25 will apply after due date
	26	CLASS	PARISH LENTEN PENANCE SERVICE on Mar. 25 & 26 @ 7PM in Church † SERVICE PROJECT 3 DUE MARCH 30
April	02	CLASS	SEDER MEAL (in Doyle Hall) @ 6:30PM - 8:30PM (Candidate)
	07 (Sunday)		MIDDLE SCHOOL @ 10AM - 1:30PM in Hall, Rooms 1-3 & Rooms 4-6 & 7-9 (Student & Parent) TEEN INTEGRITY @ 2PM - 6PM (Candidate, Sponsor & Parent)
	09	CLASS	
	16	CLASS	STATIONS OF THE CROSS for Confirmation in Church
	18 - 20		Paschal Triduum Liturgy: Holy Thursday, Good Friday, Easter Vigil & Easter Sunday (See Parish Schedule)
	23	NO CLASS	HAPPY EASTER!
	30	CLASS	EUCCHARISTIC ADORATION & DIVINE MERCY in Church
May	07	CLASS	
	14	CLASS	
	18 (Saturday)		FAITH FORMATION THANKSGIVING MASS in Church @ 10:30AM - LAST DAY OF CLASS

# CONFIRMATION 1 CALENDAR \* 2018 - 2019 \* LỊCH TRÌNH THÊM SỨC 1

## SATURDAY 9:30AM - 11:00AM | 11:30AM - 1:00AM

	DATE	CLASS	SPECIAL EVENTS
September	22	CLASS	FIRST DAY OF CLASS in Doyle Hall
	29	CLASS	† LIFE CHAIN SUNDAY – October 01
October	02 (Tuesday)		MASS TEACHING in Church
	06	CLASS	FAITH FORMATION OPENING MASS on Saturday in Church @ 10:30AM
	13	CLASS	DMC - Workshop Training for Catechists
	14 (Sunday)		RITUAL OF COMMITMENT: Student & Parent Meeting in Doyle Hall @ 2 - 6PM (Candidate & Parent)
	20	CLASS	† BAPTISMAL & FIRST HOLY COMMUNION CERTIFICATES DUE on OCT. 20
	27	CLASS	SAFETY EDUCATION for Students & Disaster Drill
November	03	CLASS	† SERVICE PROJECT 1 DUE
	10	CLASS	His Hands THANKSGIVING BASKET, Sat. Nov. 17
	16 (Fri.) – 18 (Sun.)		PLANTED FOR LIFE RETREAT @ Irvine *Retreat fee due by Oct. 27, late fee \$25 will apply after due date
	24	NO CLASS	Happy Thanksgiving!
December	01	CLASS	ADVENT PENANCE SERVICES @ 7PM in the Hall (Candidate) Tuesday December 4 - ADVENT PARISH MISSION (English) @ 7PM - 9PM
	08	CLASS	
	15	CLASS	His Hands Christmas Presents, Sat. Dec. 15
	22	NO CLASS	Merry Christmas!
	29	NO CLASS	Happy New Year 2019!
January	05	CLASS	
	12	CLASS	† SPONSOR FORM DUE on JANUARY 15
	19	CLASS	
	26	CLASS	† SAINT PROJECTS DUE on JANUARY 26
February	02	CLASS	
	09	NO CLASS	TET Festival
	16	CLASS	
	17 & 24 (Sundays)		CANDIDATES INTERVIEW in Rooms 1-3 @ 11AM - 4PM (Candidate & Sponsor)
	23	CLASS	† SERVICE PROJECT 2 DUE
March	02	CLASS	Ash Wednesday, March 6 - Lenten Season Begins
	09	CLASS	LENTEN PARISH MISSION (English) on March 11 - 13 @ 7PM - 9PM
	16	CLASS	
	21 (Thursday)		YOUTH DAY at Anaheim Convention Center @ 6AM - 4:30PM *Event fee due by Oct. 27, late fee \$25 will apply after due date
	23	NO CLASS	Religious Education Congress
	30	CLASS	† SERVICE PROJECT 3 DUE
April	02 (Tuesday)		SEDER MEAL (in Doyle Hall) @ 6:30PM - 8:30PM (Candidate)
	06	CLASS	STATIONS OF THE CROSS in Church
	07 (Sunday)		MIDDLE SCHOOL @ 10AM - 1:30PM in Hall, Rooms 1-3 & Rooms 4-6 & 7-9 (Student & Parent) TEEN INTEGRITY @ 2PM - 6PM (CF1 Candidate, Sponsor & Parent)
	13	CLASS	LENTEN PENANCE SERVICE - Faith Formation
	18 - 20 (NO CLASS)		Paschal Triduum Liturgy : Holy Thursday, Good Friday, Easter Vigil & Easter Sunday (See Parish Schedule) <b>HAPPY EASTER!</b>
	27	CLASS	EUCCHARISTIC ADORATION & DIVINE MERCY in Church
May	04	CLASS	
	11	CLASS	
	18	CLASS	FAITH FORMATION THANKSGIVING MASS in Church @ 10:30AM - LAST DAY OF CLASS

# CONFIRMATION 2 CALENDAR \* 2018-2019 \* LỊCH TRÌNH THÊM SỨC 2

## TUESDAY 7:00PM – 8:30PM

	DATE	CLASS	SPECIAL EVENTS
September	18	CLASS	FIRST DAY OF CLASS in Doyle Hall
	25	CLASS	† LIFE CHAIN SUNDAY – October 1
October	02	CLASS	MASS TEACHING (with Fr. Thinh Pham) in Church
	06 (Saturday)		FAITH FORMATION OPENING MASS on Saturday in Church @ 10:30AM
	09	CLASS	PARENT MEETING (in English) in Doyle Hall @ 7pm-8:30pm & Oct. 7 (in Vietnamese) @ 1:30pm-3pm
	16	CLASS	† BAPTISMAL & FIRST HOLY COMMUNION CERTIFICATES DUE on OCT. 20
	23	CLASS	SAFETY EDUCATION for Students & Disaster Drill
	30	CLASS	† SERVICE PROJECT 1 DUE
November	04 (Sunday)		RITUAL OF SUPPORT (in Doyle Hall) & Mass (in Church) @ 2pm - 6pm (Candidate & Sponsor)
	06	CLASS	
	13	CLASS	His Hands THANKSGIVING BASKET, Sat. Nov. 17
	20	NO CLASS	Happy Thanksgiving!
	27	CLASS	
December	04	CLASS	ADVENT PARISH MISSION (English) @ 7pm - 9pm
	11	CLASS	Advent PENANCE SERVICES @ 7PM in the Hall His Hands Christmas Presents, Sat. Dec. 15
	18	CLASS	
	25	NO CLASS	Merry Christmas!
January	01	NO CLASS	Happy New Year 2019!
	08	CLASS	PARENT MEETING about RETREAT & CONFIRMATION MASS in Doyle Hall @ 7PM - 8:30PM (Parent only)
	15	CLASS	† RESPECT LIFE GUEST SPEAKERS, SPONSOR FORM DUE on JANUARY 15
	20 (Sunday)		ALIVE IN SPIRIT RETREAT in Doyle Hall @ 8:30am - 6:30pm (Candidate)
	22	CLASS	† LETTER TO BISHOP DUE ON JAN. 26
	29	CLASS	
February	1/27 & 2/3 (Sundays)		CANDIDATES & SPONSORS INTERVIEW in Rooms 1-3 @ 11AM - 4PM (Candidate & Sponsor)
	05	NO CLASS	TET Festival
	12	CLASS	
	19	CLASS	† SERVICE PROJECT 2 DUE
	26	CLASS	
March	1 (Fri.) - 3 (Sun.)		FREE THE FIRE RETREAT @ Big Bear (Candidate) *Retreat fee due by Jan. 26, 2019 - late fee \$25 will apply after due date
	05	CLASS	Ash Wednesday, March 6 - Lenten Season Begins
	12	CLASS	LENTEN PARISH MISSION (English) on March 11-13 @ 7PM - 9PM
	19	NO CLASS	Religious Education Congress
	26	CLASS	LENTEN PENANCE SERVICE @ 7PM in Doyle Hall
April	02	CLASS	† SERVICE PROJECT 3 DUE
	07 (Sunday)		MIDDLE SCHOOL @ 10AM - 1:30PM in Hall, Rooms 1-3 & Rooms 4-6 & 7-9 (Student & Parent) TEEN INTEGRITY & RITUAL OF ACCEPTANCE @ 2PM - 6PM in Hall (Candidate, Sponsor & Parent)
	09	CLASS	
	16	CLASS	STATIONS OF THE CROSS for Confirmation in Church
	18 - 20		Paschal Triduum Liturgy: Holy Thursday, Good Friday, Easter Vigil & Easter Sunday (See Parish Schedule)
	23	NO CLASS	HAPPY EASTER!
	30	CLASS	EUCCHARISTIC ADORATION & DIVINE MERCY in Church
May	07	CLASS	
	14	CLASS	
	18 (Saturday)		FAITH FORMATION THANKSGIVING MASS in Church @ 10:30AM - LAST DAY OF CLASS
TBA		Confirmation Rehearsal in Church @ 6PM - 8PM (Candidate & Sponsor)	
TBA		CONFIRMATION MASS in Church @ TBA (Candidate, Sponsor & Parents)	

Note: Free The Fire  
Retreat fee is due on Jan.  
26. Late fee \$25 will  
apply after due date.

# CONFIRMATION 2 CALENDAR \* 2018-2019 \* LỊCH TRÌNH THÊM SỨC 2

## SATURDAY 9:30AM - 11:00AM | 11:30AM - 1:00PM

	DATE	CLASS	SPECIAL EVENTS
September	22	CLASS	FIRST DAY OF CLASS @ Hall
	29	CLASS	† LIFE CHAIN SUNDAY – October 01
October	02 (Tuesday)		MASS TEACHING (with Fr. Thinh Pham) in Church
	06	CLASS	FAITH FORMATION OPENING MASS on Saturday in Church @ 10:30AM
	07 (Sunday)		PARENT MEETING (in Vietnamese) in Doyle Hall @ 1:30pm-3pm & Oct. 9 (in English) @ 7pm-8:30pm
	13	CLASS	DMC - Workshop Training for Catechists
	20	CLASS	† BAPTISMAL & FIRST HOLY COMMUNION CERTIFICATES DUE on OCT. 20
	27	CLASS	SAFETY EDUCATION for Students & Disaster Drill
November	03	CLASS	† SERVICE PROJECT 1 DUE
	04 (Sunday)		RITUAL OF SUPPORT (in Doyle Hall) & Mass (in Church) @ 2pm - 6pm (Candidate & Sponsor)
	10	CLASS	
	17	CLASS	His Hands THANKSGIVING BASKET, Sat. Nov. 18
	24	NO CLASS	Happy Thanksgiving!
December	01	CLASS	FAITH FORMATION ADVENT CONFESSION in Church (Candidate) ADVENT PARISH MISSION (English) on Tuesday Dec. 4 @ 7pm - 9pm
	08	CLASS	
	15	CLASS	His Hands Christmas Presents, Sat. Dec. 15
	22	NO CLASS	Merry Christmas!
	29	NO CLASS	Happy New Year 2018!
January	05	CLASS	
	08 (Tuesday)		PARENT MEETING about RETREAT & CONFIRMATION MASS in Doyle Hall @ 7PM - 8:30PM (Parent only)
	12	CLASS	† RESPECT LIFE GUEST SPEAKERS
	19	CLASS	† SPONSOR FORM DUE on JANUARY 15
	20 (Sunday)		ALIVE IN SPIRIT RETREAT in Doyle Hall @ 8:30AM - 6:30PM (Candidate only)
	26	CLASS	† LETTER TO BISHOP DUE
February	02	CLASS	
	1/27 & 2/3 (Sundays)		CANDIDATES & SPONSORS INTERVIEW in Rooms 1-3 @ 11AM - 4PM (Candidate & Sponsor)
	09	NO CLASS	TET Festival
	16	CLASS	
	23	CLASS	† SERVICE PROJECT 2 DUE
March	1 (Fri.) - 3 (Sun.)		FREE THE FIRE RETREAT @ Big Bear (Candidate) *Retreat fee due by Jan. 26, 2019 - late fee \$25 will apply after due date Ash Wednesday, March 06 - Lenten Season Begins
	09	CLASS	LENTEN PARISH MISSION (English) on March 11-13 @ 7PM - 9PM
	16	CLASS	
	23	NO CLASS	Religious Education Congress
	30	CLASS	† SERVICE PROJECT 3 DUE
April	06	CLASS	STATIONS OF THE CROSS in Church
	07 (Sunday)		MIDDLE SCHOOL @ 10AM - 1:30PM in Hall, Rooms 1-3 & Rooms 4-6 & 7-9 (Student & Parent) TEEN INTEGRITY & RITUAL OF ACCEPTANCE @ 2PM - 6PM in Hall (Candidate, Sponsor & Parent)
	13	CLASS	LENTEN PENANCE SERVICE
	18 - 20 (NO CLASS)		Paschal Triduum Liturgy: Holy Thursday, Good Friday, Easter Vigil & Easter Sunday (See Parish Schedule) HAPPY EASTER!
	27	CLASS	EUCCHARISTIC ADORATION & DIVINE MERCY in Church
May	04	CLASS	
	11	CLASS	
	18	CLASS	FAITH FORMATION THANKSGIVING MASS in Church @ 10:30AM - LAST DAY OF CLASS
TBA			Confirmation Rehearsal in Church @ 6PM - 8PM (Candidate & Sponsor)
TBA			CONFIRMATION MASS in Church @ TBA (Candidate, Sponsor & Parents)



EVERY  
OTHER  
*Sunday*

# CYF

## SCHEDULE

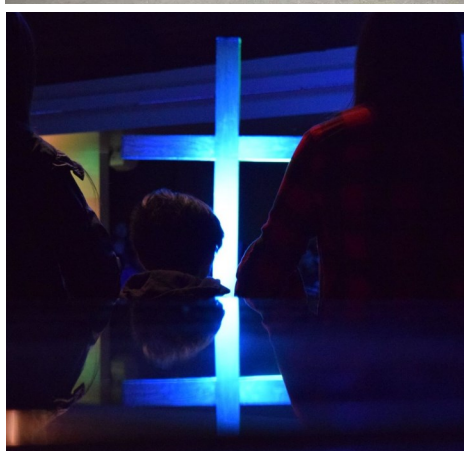
7:30p  
9:30p  
*Doyle Hall*

September 30	January 6	April 7
October 14	January 20	April 28
October 28	February 3	May 12
November 4	February 24	May 26
November 25	March 10	June 9
December 9	March 24	June 23

Contact: Chris Ord 714.330.4063

“IT IS **Jesus** THAT YOU SEEK  
WHEN YOU DREAM OF *happiness*;  
HE IS *waiting for you*  
WHEN NOTHING ELSE YOU FIND *satisfies* YOU.”

*Saint John Paul the Great*





# SAFETY EDUCATION | Protecting Children & Youth

## BREAKING THE SILENCE

**Breaking the Silence** created especially for students of the Diocese of Orange. It is a powerful tool that utilizes an interactive DVD format to encourage teens to talk about sexual abuse and also to describe the danger signs of a potential abuser. Breaking the Silence focuses on:

- Recognizing the “grooming” techniques used by sexual abusers.
- Learning to trust one’s own instincts about inappropriate adult behavior that makes a teen uncomfortable.
- Exposing the widespread myths about sexual abuse.
- Reporting the sexual abuse to authorities.
- Hearing from a victim’s mother the long-term fear, suffering and psychological distress that affects victims and their families.

## PERSONAL SAFETY AWARENESS

**Personal Safety Awareness** developed to address personal safety concerns of our nation’s teenagers. This video contains four dramatizations of incidents typical of those encountered by many teenagers. The four topics are:

- Suicide Prevention (9:35)
- Internet Safety (14:00)
- Sexual Harassment (5:06)
- Date Rape (8:02)

## TO SAVE A LIFE

**To Save A Life** was born from a passion to reach young people with the love and security they so desperately need. The film vividly shows how loving God and loving people gives us power to find true purpose and fulfillment in life. It also reminds us to stay aware of the pain and loneliness of others and compels us reach out—especially to those struggling in our families, communities, schools, and those on fringe of acceptance by our culture.

## WHERE TO GET HELP

Diocesan Reporting Line	800.364.3064
Orange County Child Protective Services	714.940.1000
Diocesan Office of Child and Youth Protection	714.282.3125
Diocesan Youth and Young Adult Office	714.282.3055
National Center for Missing and Exploited Children	800.843.5678
National Suicide Prevention Lifeline	800.273.8255
NAMI Suicide Hotline	877.CRISIS or 877.727.4747
National Teen Dating Abuse Helpline	866.331.9474
National Sexual Assault Hotline	800.656-HOPE (4673)



# ENLISTING WITNESSES FOR JESUS CHRIST

